



# 2023 Uwharrie Mountain Run

## Overall 20 Mile Results

Place	Bib	Name	Gender	Age	City	State	Finish	Pace	Team Name
1	351	ANDREW MCIVER	M	40	DURHAM	NC	2:56:42.5	8:50	
2	356	MARK MUTZ	M	29	RALEIGH	NC	3:02:45.1	9:08	
3	201	BRADY ADCOCK	M	30	WENDELL	NC	3:05:16.2	9:16	
4	336	NICHOLAS LEHMAN	M	39	DURHAM	NC	3:07:23.6	9:22	
5	202	JAMES ALDRIDGE	M	41	RALEIGH	NC	3:08:44.1	9:26	
6	357	STEPHEN MUTZ	M	25	HILLSBOROUGH	NC	3:17:48.4	9:53	
7	424	RHETT WOOLARD	M	31	MYRTLE BEACH	SC	3:18:48.0	9:56	
8	309	BRADLEY HUNT	M	35	CHARLOTTE	NC	3:19:29.4	9:58	
9	224	AMY BERKMAN	F	37	HILLSBOROUGH	NC	3:20:17.1	10:01	
10	210	MATTHEW BADER	M	39	DURHAM	NC	3:26:04.4	10:18	
11	244	SHEA CRAIG	M	42	DURHAM	NC	3:27:22.6	10:22	Cox Mountain Running Group
12	276	BENJAMIN GODFREY	M	40	RALEIGH	NC	3:28:04.8	10:24	
13	231	ASHLEY BOZARTH	F	34	ATLANTA	GA	3:28:17.9	10:25	
14	241	ANDREW CLARK	M	36	DURHAM	NC	3:29:20.4	10:28	
15	220	MIKE BEIGAY	M	44	CONCORD	NC	3:31:15.0	10:34	
16	394	DEREK SOLUM	M	50	CHAPEL HILL	NC	3:31:41.9	10:35	TrailHeads
17	312	BRIAN HURWITZ	M	30	NEW YORK	NY	3:33:45.1	10:41	
18	374	CHRISTOPHER REYES	M	31	DURHAM	NC	3:33:45.3	10:41	
19	268	JONATHAN FISH	M	50	DURHAM	NC	3:35:09.1	10:45	
20	423	DAVID WOODARD	M	58	RALEIGH	NC	3:36:56.7	10:51	
21	320	CLAYTON KELLEY	M	32	CARY	NC	3:39:33.4	10:59	
22	428	JOHN ZORNICK	M	34	EFLAND	NC	3:40:56.5	11:03	
23	205	CUTLER ANDREWS	M	41	ATLANTA	GA	3:41:31.7	11:05	
24	342	LEVI MAHAN	M	34	BROOKLYN	NY	3:42:48.2	11:08	
25	373	GORDON RENNIE	M	40	CHARLOTTE	NC	3:42:54.8	11:09	
26	301	KYLE HINES	M	34	ATLANTA	GA	3:44:12.6	11:13	
27	311	BIG D HUPPERT	M	44	CARRBORO	NC	3:45:45.5	11:17	Cox Mountain Running Group
28	349	MATT MCELREATH	M	29	WAYNESVILLE	NC	3:46:15.1	11:19	
29	353	JAMES MEEHAN	M	32	FALLS CHURCH	VA	3:47:29.9	11:22	
30	327	ERIK KRISTIANSEN	M	45	CHAPEL HILL	NC	3:47:32.4	11:23	F3 Churham
31	245	MASSIMO CRUDELI	M	47	WILMINGTON	NC	3:47:45.0	11:23	
32	294	LISA HECKER	F	47	MEBANE	NC	3:48:26.6	11:25	
33	319	TODD JONES	M	46	HOLLY SPRINGS	NC	3:48:53.8	11:27	
34	376	JONATHAN RIFKIN	M	37	HILLSBOROUGH	NC	3:50:09.3	11:30	
35	385	KYLER SERFASS	M	38	CHAPEL HILL	NC	3:51:41.2	11:35	
36	237	TRAVIS CALLAHAN	M	45	APEX	NC	3:52:52.2	11:39	
37	384	JAMES SELF	M	40	FAYETTEVILLE	NC	3:54:35.7	11:44	
38	325	BRADLEY KRAUSS	M	40	FAYETTEVILLE	NC	3:55:35.9	11:47	
39	354	RIKKI-LAUREN MENDENHALL	F	33	RALEIGH	NC	3:56:52.4	11:51	
40	360	DANIELLE OMORI	F	37	CARY	NC	3:58:55.1	11:57	
41	263	WILLIAM EPPS	M	53	HILLSBOROUGH	NC	3:59:16.1	11:58	
42	378	ALEX ROGERS	M	39	RALEIGH	NC	3:59:57.1	12:00	
43	305	ERIC HORSMAN	M	46	GREENVILLE	NC	4:00:55.7	12:03	
44	229	JON BONTRAGER	M	41	CHARLOTTE	NC	4:01:13.4	12:04	
45	238	RICK CARTER	M	56	YORK	SC	4:01:55.9	12:06	PalmettoOff-Road
46	292	SHAWN HARRIS	M	58	CARY	NC	4:02:30.6	12:08	Carolina Godiva Track Club
47	217	JAMES BEDFORD	M	37	CHAPEL HILL	NC	4:04:44.4	12:14	
48	277	LAUREN GOODMAN	F	27	DURHAM	NC	4:04:50.7	12:15	
49	227	SCOTT BODIEN	M	47	CHARLOTTE	NC	4:05:43.7	12:17	

Place	Bib	Name	Gender	Age	City	State	Finish	Pace	Team Name
50	234	MIKE BROOME	M	53	DURHAM	NC	4:05:50.8	12:18	TrailHeads
51	221	BRAD BELL	M	46	RALEIGH	NC	4:05:52.5	12:18	
52	252	BENNETT DEDDENS	M	40	FUQUAY VARINA	NC	4:06:24.1	12:19	
53	382	COURTNEY SAUNDERS	F	28	RALEIGH	NC	4:08:05.9	12:24	
54	415	RANDAL WATERS	M	39	WINSTON SALEM	NC	4:08:20.4	12:25	
55	314	JOSH HYDEN	M	40	DURHAM	NC	4:09:18.3	12:28	Cox Mountain Running Group
56	279	VICTOR GORDON	M	45	DURHAM	NC	4:09:19.1	12:28	
57	242	CHARLES COBLE	M	50	RALEIGH	NC	4:09:20.7	12:28	
58	253	ROBERT DEROSSET	M	53	RALEIGH	NC	4:11:13.4	12:34	
59	303	MARTHA HOELZER	F	44	DURHAM	NC	4:11:35.9	12:35	TrailHeads
60	365	KIRSTIN PELLOM	F	47	DURHAM	NC	4:11:39.6	12:35	
61	341	MATTHEW MACKINNON	M	50	CHAPEL HILL	NC	4:12:06.1	12:36	TrailHeads
62	223	ART BERGER	M	32	CARY	NC	4:12:31.9	12:38	F3 Carpex
63	338	JIM LEWIS	M	56	CHAPEL HILL	NC	4:14:41.3	12:44	
64	207	MELISSA ANGLEMYER	F	41	GRIMESLAND	NC	4:18:09.2	12:54	
65	331	ADAM LANDMAN	M	52	SEAGROVE	NC	4:19:59.3	13:00	
66	281	MATTHEW GRAY	M	46	RALEIGH	NC	4:21:29.0	13:04	
67	397	JOHN STACK	M	57	CAMERON	NC	4:23:13.4	13:10	
68	232	MIKE BREDENBERG	M	54	RALEIGH	NC	4:23:31.6	13:11	Wampus Kat
69	317	STEPH JEFFRIES	F	51	RALEIGH	NC	4:23:51.5	13:12	
70	359	AUSTIN OCHELTREE	M	31	DURHAM	NC	4:25:29.9	13:16	
71	270	TOM FRANTZ	M	60	JAMESTOWN	NC	4:26:08.5	13:18	
72	297	ROB HEROY	M	42	CHARLOTTE	NC	4:27:23.3	13:22	
73	230	JASON BOOKHEIMER	M	38	DANVILLE	VA	4:27:37.5	13:23	
74	285	JASON GROOTERS	M	47	RALEIGH	NC	4:27:55.4	13:24	
75	390	MARK SILLIMAN	M	40	CHAPEL HILL	NC	4:28:55.9	13:27	TrailHeads
76	402	TRICIA STIEGEL	F	41	RALEIGH	NC	4:28:59.3	13:27	
77	386	ERNEST SHAVER	M	67	YORK	SC	4:29:25.3	13:28	
78	332	RUBY LAPHAM	F	18	HILLSBOROUGH	NC	4:30:42.3	13:32	Team Robinham
79	289	JAMIE HAGERBAUMER	F	45	CHAPEL HILL	NC	4:31:43.5	13:35	Team LHF
80	269	ANDREW FLYNT	M	38	RALEIGH	NC	4:32:07.1	13:36	
81	246	ERIKA CUMMINGS	F	30	DURHAM	NC	4:34:29.9	13:43	
82	316	NISHANK JAIN	M	38	ATLANTA	GA	4:37:40.4	13:53	
83	362	ALANA PAVUK	F	39	HILLSBOROUGH	NC	4:38:02.4	13:54	TrailHeads
84	233	SCOTT BREDENBERG	M	50	PITTSBORO	NC	4:38:36.6	13:56	Wampus Kat
85	375	SCOTT RIDDLE	M	47	WILMINGTON	NC	4:40:33.7	14:02	Adventure Fit
86	240	CHRIS CLAGGETT	M	46	APEX	NC	4:42:22.7	14:07	
87	299	HAROLD HILL	M	54	CHAPEL HILL	NC	4:43:36.4	14:11	TrailHeads
88	414	KATE WALTMAN	F	34	SEAGROVE	NC	4:44:05.3	14:12	Goat Club
89	262	RICHARD DUNCAN	M	57	CHAPEL HILL	NC	4:44:23.0	14:13	
90	295	DAVE HEILIG	M	55	RALEIGH	NC	4:44:45.8	14:14	Wampus Kat
91	226	OLIVIA BLEDSOE	F	18	RALEIGH	NC	4:45:25.8	14:16	
92	339	TREVOR LOGSDON	M	33	CHAPEL HILL	NC	4:45:44.6	14:17	
93	395	MICHAEL SOMERO	M	50	TRINITY	NC	4:46:35.8	14:20	
94	284	IVAN GRIFFIN	M	32	NORWOOD	NC	4:46:49.9	14:20	
95	247	SHEILA DALTON	F	52	CARRBORO	NC	4:46:56.1	14:21	TrailHeads
96	248	JANET DALY	F	37	CARTHAGE	NC	4:48:33.3	14:26	
97	429	BRANDON PITZEN	M	31	DURHAM	NC	4:50:44.4	14:32	
98	315	KIMMIE JACOBS	F	54	NEW HILL	NC	4:51:48.2	14:35	
99	410	MARTIN VAN CLEEFF	M	59	CARY	NC	4:51:53.0	14:36	
100	254	JASON DERRICK	M	43	CHAPEL HILL	NC	4:52:15.7	14:37	
101	239	CHARLES CHILDS	M	35	APEX	NC	4:52:36.4	14:38	
102	293	STUART HARRISON	M	50	CHAPEL HILL	NC	4:53:10.6	14:40	

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103	310	GREG HUPP	M	40	TRINITY	NC	4:53:31.2	14:41	
104	258	BRIAN DOWNS	M	50	LEWISVILLE	NC	4:53:50.7	14:42	
105	206	CHRISTOPHER ANGELL	M	53	CARY	NC	4:53:56.6	14:42	
106	427	STEVE YOUNG	M	48	APEX	NC	4:55:08.8	14:45	
107	272	BRAD GEORGE	M	47	GARNER	NC	4:55:11.1	14:46	
108	322	JUSTIN KIRILO	M	40	FORT MILL	SC	4:57:14.3	14:52	
109	286	DARRYL GROSS	M	52	CHAPEL HILL	NC	4:59:46.4	14:59	
110	343	ANNE MANDEVILLE-LONG	F	63	CHAPEL HILL	NC	4:59:47.4	14:59	
111	212	SHANA BARCLAY	F	51	WILMINGTON	NC	5:00:09.2	15:00	
112	392	KEVIN SMITH	M	53	HAMPSTEAD	NC	5:00:09.2	15:00	
113	366	BRAD PETERSEN	M	58	HUNTERSVILLE	NC	5:00:29.7	15:01	
114	216	MASON BEAUMONT	M	45	HUNTERSVILLE	NC	5:00:29.7	15:01	
115	304	ZACH HOLLAND	M	45	APEX	NC	5:04:49.7	15:14	
116	387	PAUL SHERMAN	M	53	LEWISVILLE	NC	5:08:56.4	15:27	
117	288	ANDREW HADSELL	M	48	APEX	NC	5:09:18.5	15:28	
118	259	WALTER DUBUC	M	46	HOLLY SPRINGS	NC	5:09:20.3	15:28	
119	266	GLEN FERGUSON	M	55	RALEIGH	NC	5:09:46.8	15:29	
120	296	CHARLIE HENDERSON	M	44	CHARLOTTE	NC	5:09:56.9	15:30	Narwhals
121	204	EVE ANDERSON	F	51	ASHEBORO	NC	5:10:06.8	15:30	
122	348	AMY MCDOWELL	F	36	RALEIGH	NC	5:10:49.8	15:32	
123	298	MADDISON HIGHTOWER	F	27	MYRTLE BEACH	SC	5:11:27.6	15:34	
124	411	DEVANISE VITTI	F	42	DURHAM	NC	5:11:47.8	15:35	
125	228	BRANDT BOGGS	M	36	DURHAM	NC	5:11:48.2	15:35	
126	321	ROBERT KERN	M	60	CARRBORO	NC	5:12:09.8	15:36	TrailHeads
127	278	CRYSTAL GORDON	F	41	RALEIGH	NC	5:12:24.1	15:37	HSEC
128	329	ERICA LAGARDE	F	37	RALEIGH	NC	5:13:15.5	15:40	
129	340	ROBERT LONG	M	71	CHAPEL HILL	NC	5:16:59.5	15:51	
130	326	KELLY KREEL	F	44	RALEIGH	NC	5:21:47.8	16:05	
131	398	BRYAN STAFFEY	M	44	WAKE FOREST	NC	5:21:49.0	16:05	
132	380	MICHAEL ROWELL	M	54	SALISBURY	NC	5:25:37.2	16:17	
133	412	TRACY WALKER	X	53	WINTERVILLE	NC	5:26:02.5	16:18	
134	308	TAYLOR HUDSON	M	30	DURHAM	NC	5:27:27.5	16:22	
135	318	TREY JOLLY	M	55	CLAYTON	NC	5:30:05.2	16:30	
136	222	MARK BENGE	M	60	ARCHER LODGE	NC	5:30:05.8	16:30	
137	344	KEITH MANNING	M	59	CLAYTON	NC	5:30:06.3	16:30	
138	280	GEORGE GOULARTE	M	55	CHAPEL HILL	NC	5:30:11.4	16:31	
139	300	JENNY HILL	F	54	CHAPEL HILL	NC	5:31:10.0	16:34	TrailHeads
140	261	NICOLE DUNCAN	F	37	DURHAM	NC	5:31:10.7	16:34	
141	389	GAETANO SIANO	M	46	DURHAM	NC	5:31:13.1	16:34	
142	214	GEORGE BARILARO	M	57	MYRTLE BEACH	SC	5:35:37.0	16:47	F3 GrandStrand
143	257	TIM DODGE	M	49	DURHAM	NC	5:36:46.8	16:50	
144	399	HEATHER STEELE	F	34	MORRISVILLE	NC	5:37:09.6	16:51	
145	215	LEA BARNES	F	42	APEX	NC	5:37:44.6	16:53	
146	418	TRACY WESLEY	F	47	CHAPEL HILL	NC	5:39:15.5	16:58	
147	400	ANNE STEPHENS	F	52	CHAPEL HILL	NC	5:39:16.7	16:58	
148	265	KRISTII FARRELL	F	46	WILMINGTON	NC	5:51:38.0	17:35	
149	388	ALLISON SHOFE	F	43	WILMINGTON	NC	5:51:39.0	17:35	
150	381	BETHANEY RYALS	F	37	WINTERVILLE	NC	5:51:49.0	17:35	
151	417	LAURIN WERNER	F	31	DURHAM	NC	5:51:59.1	17:36	
152	403	JACKIE SUGG	F	44	WINTERVILLE	NC	5:53:15.7	17:40	
153	405	RAYMOND TONEY	M	59	CARRBORO	NC	5:54:35.7	17:44	
154	372	ROB REDDING	M	33	ASHEBORO	NC	5:57:37.6	17:53	
155	371	HANNAH REDDING	F	33	ASHEBORO	NC	5:57:37.6	17:53	

Place	Bib	Name	Gender	Age	City	State	Finish	Pace	Team Name
156	367	MICHAEL PRZYBOWSKI	M	43	HOLLY SPRINGS	NC	6:03:55.5	18:12	
157	256	TONY DICARLO	M	48	ALEXANDRIA	VA	6:22:07.2	19:06	
158	255	TOM DEVEANS	M	48	FAIRFAX STATION	VA	6:22:08.5	19:06	
159	406	ELIZABETH TOWE	F	56	HILLSBOROUGH	NC	6:28:23.3	19:25	TrailHeads
160	267	APRIL FERNANDEZ	F	51	WENDELL	NC	8:04:41.0	24:14	
161	200	JONATHAN ADAMS	M	47	APEX	NC	8:04:41.0	24:14	The Bishop's Keep