



20-Mile Run Overall 2022 Results

Position	Bib	Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	324	CHRISTINA NORRIS	2:55:03.5	8:45	34	F	DURHAM	NC	
2	215	NILES BARNES	3:04:20.3	9:13	37	M	DURHAM	NC	
3	308	AARON MAJOR	3:04:56.5	9:15	43	M	PATTERSONVILLE	NY	
4	265	COLIN HACKMAN	3:09:48.6	9:29	45	M	WILMINGTON	NC	Without Limits
5	223	DUNCAN BIRNE	3:13:48.3	9:41	45	M	RALEIGH	NC	
6	209	MATTHEW BADER	3:16:01.5	9:48	38	M	DURHAM	NC	
7	248	STEPHEN DURLEY	3:17:56.9	9:54	41	M	WILMINGTON	NC	Without Limits
8	380	DUSTIN MELVIN	3:18:59.6	9:57	35	M	WILMINGTON	NC	Without Limits
9	221	AMY BERKMAN	3:19:37.4	9:59	36	F	HILLSBOROUGH	NC	
10	312	DARRIN MANN	3:20:58.6	10:03	39	M	DURHAM	NC	Bull City Track Club
11	309	STEVE MAJOR	3:22:41.3	10:08	39	M	PATTERSONVILLE	NY	
12	273	BRIAN HELFRICH	3:27:30.3	10:22	36	M	DAVIDSON	NC	
13	376	DAVID WOODARD	3:28:01.9	10:24	57	M	RALEIGH	NC	
14	271	CLEMENS HEIKAUS	3:29:13.3	10:28	39	M	WAKE FOREST	NC	
15	206	ERIK ANDERSSON	3:36:19.1	10:49	32	M	WINSTON SALEM	NC	
16	306	ALEXANDER LYTTON	3:38:14.3	10:55	35	M	DURHAM	NC	
17	219	JOHN BEHME	3:43:22.7	11:10	49	M	HUNTERSVILLE	NC	
18	222	MATTHEW BIGGS	3:44:07.0	11:12	33	M	DURHAM	NC	
19	233	EMILY CANTRELL	3:44:33.1	11:14	39	F	CHARLOTTE	NC	
20	218	CAROLINE BEHME	3:44:42.0	11:14	49	F	HUNTERSVILLE	NC	
21	348	ERIC SCHOCH	3:45:40.2	11:17	39	M	CARY	NC	
22	207	MELISSA ANGLEMYER	3:45:55.8	11:18	40	F	GRIMESLAND	NC	
23	289	LAURA KEELEY	3:46:10.1	11:19	32	F	NEW YORK	NY	Bull City Track Club
24	242	DENNIS CROSSEN	3:46:29.9	11:19	54	M	NASHVILLE	NC	
25	225	SCOTT BODIEN	3:48:15.2	11:25	46	M	CHARLOTTE	NC	
26	314	MULLOY MANNING	3:48:18.7	11:25	25	F	CHAPEL HILL	NC	
27	351	JAMES SELF	3:50:08.8	11:30	39	M	FAYETTEVILLE	NC	
28	294	BRADLEY KRAUSS	3:50:09.5	11:30	39	M	FAYETTEVILLE	NC	
29	366	DAVID TUCKER	3:51:23.5	11:34	34	M	MOORESVILLE	NC	Mudder Brudders
30	208	MIKE ARMSTRONG	3:52:32.8	11:38	47	M	HOLLY SPRINGS	NC	
31	316	CHRISTOPHER MCCLELLAN	3:52:39.7	11:38	37	M	WAKE FOREST	NC	
32	239	ROBIN CONRADI	3:53:16.8	11:40	38	F	CARY	NC	
33	232	TRAVIS CALLAHAN	3:53:18.1	11:40	44	M	APEX	NC	
34	258	ROB GARNER	3:54:04.3	11:42	47	M	CARY	NC	
35	360	LAUREN TIERNEY	3:54:14.6	11:43	36	F	CARY	NC	
36	331	ROBERT PENGELLY	3:55:24.2	11:46	44	M	HURDLE MILLS	NC	
37	334	CHRIS PETERSON	3:55:40.8	11:47	48	M	LORETTO	MN	
38	278	ERIC HORSMAN	3:58:09.9	11:54	45	M	GREENVILLE	NC	
39	211	KATHERINE BAER	3:58:34.1	11:56	52	F	CARRBORO	NC	
40	268	KEAN HANKINS	3:58:43.4	11:56	56	M	CHAPEL HILL	NC	TrailHeads
41	355	WILL SMITH	4:00:03.1	12:00	42	M	CHARLOTTE	NC	
42	226	JON BONTRAGER	4:00:28.3	12:01	40	M	CHARLOTTE	NC	
43	240	LOGAN CORBETT	4:02:06.8	12:06	35	M	CHARLOTTE	NC	Mudder Brudders
44	259	MATTHEW GILL	4:03:24.7	12:10	46	M	DURHAM	NC	
45	288	TODD JONES	4:03:25.6	12:10	45	M	HOLLY SPRINGS	NC	
46	344	MATTHEW RUIS	4:03:30.0	12:11	28	M	DURHAM	NC	
47	247	STEVE DOCK	4:03:49.1	12:11	49	M	DURHAM	NC	

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48	217	MASON BEAUMONT	4:05:09.4	12:15	44	M	HUNTERSVILLE	NC	
49	310	JIM MALONE	4:06:23.3	12:19	59	M	EFLAND	NC	
50	356	MICHAEL SOMERO	4:07:38.4	12:23	49	M	TRINITY	NC	
51	205	WARWICK AMES	4:07:48.3	12:23	53	M	DURHAM	NC	TrailHeads
52	307	MATTHEW MACKINNON	4:08:03.4	12:24	49	M	CHAPEL HILL	NC	TrailHeads
53	349	ROB SCHUTTE	4:10:52.1	12:33	43	M	CARY	NC	
54	359	KELLY SVIHOVEC	4:12:01.7	12:36	44	F	CARY	NC	
55	318	WYMAN MCGUIRT	4:12:56.8	12:39	52	M	PINEHURST	NC	
56	227	MIKE BREDENBERG	4:13:17.0	12:40	53	M	RALEIGH	NC	Wampus Kat
57	257	JORDAN FOLEY	4:15:00.2	12:45	35	M	MONROE	NC	
58	352	SHARON SHOFER	4:15:37.0	12:47	52	F	CHAPEL HILL	NC	
59	298	TESS LEUTHNER	4:15:40.8	12:47	31	F	DURHAM	NC	
60	275	DAVID HOFBERG	4:17:46.3	12:53	44	M	CARY	NC	Carpex
61	343	VANCE ROSENOW	4:18:46.5	12:56	38	M	CRANBERRY TWP	PA	
62	244	BENNETT DEDDENS	4:21:05.9	13:03	39	M	FUQUAY VARINA	NC	
63	274	GEOF HILEMAN	4:21:15.7	13:04	44	M	RALEIGH	NC	
64	301	NEAL LORD	4:21:20.5	13:04	51	M	RALEIGH	NC	
65	281	GREG HUPP	4:21:49.4	13:05	39	M	TRINITY	NC	
66	293	STEPHANIE KNAPP	4:22:12.3	13:07	41	F	RALEIGH	NC	underdog
67	341	BRIAN POVISH	4:23:08.7	13:09	47	M	WEST END	NC	
68	315	WILLIAM MCCLAIN	4:24:56.9	13:15	38	M	CHARLOTTE	NC	
69	323	JAY MURRAY	4:26:02.2	13:18	60	M	WAKE FOREST	NC	
70	378	STEVE YOUNG	4:28:38.7	13:26	47	M	APEX	NC	
71	333	BRAD PETERSEN	4:28:39.4	13:26	57	M	HUNTERSVILLE	NC	
72	245	CHRIS DETZI	4:29:04.0	13:27	48	M	CHAPEL HILL	NC	
73	296	BRIAN LAPHAM	4:31:10.7	13:34	50	M	HILLSBOROUGH	NC	Team Robinham
74	332	ADAM PEREZ	4:33:00.8	13:39	31	M	DURHAM	NC	
75	329	JAY PEHR	4:33:01.2	13:39	54	M	CARY	NC	
76	263	SHANNON GRABICH	4:35:18.6	13:46	35	F	DURHAM	NC	
77	266	TIM HAHN	4:35:48.1	13:47	57	M	CARY	NC	
78	337	MELISSA PIPKIN	4:36:11.8	13:49	45	F	TROY	NC	
79	283	DAVID JOHNSON	4:37:39.9	13:53	34	M	DURHAM	NC	
80	236	NAOMI CHANG	4:38:27.7	13:55	29	F	CARRBORO	NC	
81	317	PETE MCCLOUGHAN	4:40:18.1	14:01	48	M	APEX	NC	
82	228	SCOTT BREDENBERG	4:42:19.5	14:07	49	M	RALEIGH	NC	Wampus Kat
83	299	JIM LEWIS	4:43:01.7	14:09	55	M	CHAPEL HILL	NC	TrailHeads
84	282	TYLER HUSTRULID	4:44:03.4	14:12	40	M	WILMINGTON	NC	
85	327	JON PARKER	4:44:59.2	14:15	55	M	CHAPEL HILL	NC	TrailHeads
86	357	TRACY SPEARS	4:46:40.2	14:20	38	F	CARRBORO	NC	
87	280	WILL HUFFMAN	4:47:28.4	14:22	31	M	DURHAM	NC	Bullunteers
88	200	MELISSA ABRAMS	4:47:37.4	14:23	42	F	APEX	NC	
89	212	DON BARADELL	4:48:24.2	14:25	63	M	GREENSBORO	NC	
90	261	LIZ GOODMAN	4:48:35.0	14:26	33	F	DURHAM	NC	Triangle Women Trail & Ultra
91	375	TARA WIND	4:50:26.8	14:31	43	F	APEX	NC	
92	304	MARY LUTZ	4:50:28.1	14:31	52	F	MORRISVILLE	NC	
93	260	DAN GIROUARD	4:50:30.8	14:32	50	M	CARY	NC	
94	350	BRIAN SCHWINDT	4:54:08.5	14:42	45	M	CARY	NC	
95	362	MATTHEW TILLEY	4:54:26.7	14:43	46	M	MC LEANSVILLE	NC	
96	305	SHAUN LYNCH	4:54:35.3	14:44	43	M	CARY	NC	
97	291	LAMYA KING	4:55:47.4	14:47	34	F	RALEIGH	NC	
98	311	ANNE MANDEVILLE-LONG	4:58:16.4	14:55	62	F	CHAPEL HILL	NC	
99	300	ROBERT LONG	5:04:31.3	15:14	70	M	CHAPEL HILL	NC	
100	369	MATT WARD	5:05:30.1	15:17	46	M	APEX	NC	
101	204	JULIE ALLEN	5:08:42.3	15:26	61	F	FLORENCE	SC	

Position	Bib	Name	FINISH	Pace	Age	Gender	City	State	Team Name
102	297	KELLY LEED	5:09:22.3	15:28	51	F	MOORESVILLE	NC	
103	371	NATHAN WHEATLEY	5:12:00.2	15:36	51	M	HUNTERSVILLE	NC	Mudder Brudders
104	262	LAURA GOODLING	5:13:06.6	15:39	29	F	DURHAM	NC	
105	277	ZACH HOLLAND	5:16:57.2	15:51	44	M	APEX	NC	
106	213	SHANA BARCLAY	5:18:15.0	15:55	50	F	WILMINGTON	NC	
107	367	MARTIN VAN CLEEFF	5:19:02.8	15:57	58	M	CARY	NC	
108	256	MICHAEL FINK	5:19:55.3	16:00	51	M	PITTSBORO	NC	
109	246	CHARLES DICKINSON	5:20:15.5	16:01	64	M	RICHMOND	VA	
110	290	ROBERT KERN	5:24:01.8	16:12	59	M	CARRBORO	NC	TrailHeads
111	276	COLBY HOKE	5:38:38.5	16:56	39	M	RALEIGH	NC	
112	270	MICHAEL HARRIS	5:39:06.7	16:57	44	M	HIGH POINT	NC	
113	220	MARK BENGE	5:46:16.6	17:19	59	M	ARCHER LODGE	NC	
114	313	KEITH MANNING	5:46:18.1	17:19	58	M	CLAYTON	NC	
115	335	PAT PETRUZZIELLO	5:57:09.5	17:51	58	F	TARBORO	NC	
116	340	COURTNEY PITT	5:57:10.3	17:52	40	F	TARBORO	NC	
117	364	SQUONK TRAILHEAD	6:05:50.0	18:18	61	M	CHAPEL HILL	NC	TrailHeads
118	361	JIM TIGNOR	6:11:46.3	18:35	55	M	DURHAM	NC	
119	216	KASEY BATTEN	6:42:30.4	20:08	51	F	TROY	NC	

OVERALL FEMALES

Position	Bib	Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	324	CHRISTINA NORRIS	2:55:03.5	8:45	34	F	DURHAM	NC	
2	221	AMY BERKMAN	3:19:37.4	9:59	36	F	HILLSBOROUGH	NC	
3	233	EMILY CANTRELL	3:44:33.1	11:14	39	F	CHARLOTTE	NC	
4	218	CAROLINE BEHME	3:44:42.0	11:14	49	F	HUNTERSVILLE	NC	
5	207	MELISSA ANGLEMYER	3:45:55.8	11:18	40	F	GRIMESLAND	NC	
6	289	LAURA KEELEY	3:46:10.1	11:19	32	F	NEW YORK	NY	Bull City Track Club
7	314	MULLOY MANNING	3:48:18.7	11:25	25	F	CHAPEL HILL	NC	
8	239	ROBIN CONRADI	3:53:16.8	11:40	38	F	CARY	NC	
9	360	LAUREN TIERNEY	3:54:14.6	11:43	36	F	CARY	NC	
10	211	KATHERINE BAER	3:58:34.1	11:56	52	F	CARRBORO	NC	
11	359	KELLY SVIHOVEC	4:12:01.7	12:36	44	F	CARY	NC	
12	352	SHARON SHOFER	4:15:37.0	12:47	52	F	CHAPEL HILL	NC	
13	298	TESS LEUTHNER	4:15:40.8	12:47	31	F	DURHAM	NC	
14	293	STEPHANIE KNAPP	4:22:12.3	13:07	41	F	RALEIGH	NC	underdog
15	263	SHANNON GRABICH	4:35:18.6	13:46	35	F	DURHAM	NC	
16	337	MELISSA PIPKIN	4:36:11.8	13:49	45	F	TROY	NC	
17	236	NAOMI CHANG	4:38:27.7	13:55	29	F	CARRBORO	NC	
18	357	TRACY SPEARS	4:46:40.2	14:20	38	F	CARRBORO	NC	
19	200	MELISSA ABRAMS	4:47:37.4	14:23	42	F	APEX	NC	
20	261	LIZ GOODMAN	4:48:35.0	14:26	33	F	DURHAM	NC	Triangle Women Trail & Ultra
21	375	TARA WIND	4:50:26.8	14:31	43	F	APEX	NC	
22	304	MARY LUTZ	4:50:28.1	14:31	52	F	MORRISVILLE	NC	
23	291	LAMYA KING	4:55:47.4	14:47	34	F	RALEIGH	NC	
24	311	ANNE MANDEVILLE-LONG	4:58:16.4	14:55	62	F	CHAPEL HILL	NC	
25	204	JULIE ALLEN	5:08:42.3	15:26	61	F	FLORENCE	SC	
26	297	KELLY LEED	5:09:22.3	15:28	51	F	MOORESVILLE	NC	
27	262	LAURA GOODLING	5:13:06.6	15:39	29	F	DURHAM	NC	
28	213	SHANA BARCLAY	5:18:15.0	15:55	50	F	WILMINGTON	NC	
29	335	PAT PETRUZZIELLO	5:57:09.5	17:51	58	F	TARBORO	NC	
30	340	COURTNEY PITT	5:57:10.3	17:52	40	F	TARBORO	NC	
31	216	KASEY BATTEN	6:42:30.4	20:08	51	F	TROY	NC	

OVERALL MALES

Position	Bib	Name	FINISH	Pace	Age	Gender	City	State	Team Name
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2	308	AARON MAJOR	3:04:56.5	9:15	43	M	PATTERSONVILLE	NY	
3	265	COLIN HACKMAN	3:09:48.6	9:29	45	M	WILMINGTON	NC	Without Limits
4	223	DUNCAN BIRNE	3:13:48.3	9:41	45	M	RALEIGH	NC	
5	209	MATTHEW BADER	3:16:01.5	9:48	38	M	DURHAM	NC	
6	248	STEPHEN DURLEY	3:17:56.9	9:54	41	M	WILMINGTON	NC	Without Limits
7	380	DUSTIN MELVIN	3:18:59.6	9:57	35	M	WILMINGTON	NC	Without Limits
8	312	DARRIN MANN	3:20:58.6	10:03	39	M	DURHAM	NC	Bull City Track Club
9	309	STEVE MAJOR	3:22:41.3	10:08	39	M	PATTERSONVILLE	NY	
10	273	BRIAN HELFRICH	3:27:30.3	10:22	36	M	DAVIDSON	NC	
11	376	DAVID WOODARD	3:28:01.9	10:24	57	M	RALEIGH	NC	
12	271	CLEMENS HEIKAUS	3:29:13.3	10:28	39	M	WAKE FOREST	NC	
13	206	ERIK ANDERSSON	3:36:19.1	10:49	32	M	WINSTON SALEM	NC	
14	306	ALEXANDER LYTTON	3:38:14.3	10:55	35	M	DURHAM	NC	
15	219	JOHN BEHME	3:43:22.7	11:10	49	M	HUNTERSVILLE	NC	
16	222	MATTHEW BIGGS	3:44:07.0	11:12	33	M	DURHAM	NC	
17	348	ERIC SCHOCH	3:45:40.2	11:17	39	M	CARY	NC	
18	242	DENNIS CROSSEN	3:46:29.9	11:19	54	M	NASHVILLE	NC	
19	225	SCOTT BODIEN	3:48:15.2	11:25	46	M	CHARLOTTE	NC	
20	351	JAMES SELF	3:50:08.8	11:30	39	M	FAYETTEVILLE	NC	
21	294	BRADLEY KRAUSS	3:50:09.5	11:30	39	M	FAYETTEVILLE	NC	
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24	316	CHRISTOPHER MCCLELLAN	3:52:39.7	11:38	37	M	WAKE FOREST	NC	
25	232	TRAVIS CALLAHAN	3:53:18.1	11:40	44	M	APEX	NC	
26	258	ROB GARNER	3:54:04.3	11:42	47	M	CARY	NC	
27	331	ROBERT PENGELLY	3:55:24.2	11:46	44	M	HURDLE MILLS	NC	
28	334	CHRIS PETERSON	3:55:40.8	11:47	48	M	LORETTO	MN	
29	278	ERIC HORSMAN	3:58:09.9	11:54	45	M	GREENVILLE	NC	
30	268	KEAN HANKINS	3:58:43.4	11:56	56	M	CHAPEL HILL	NC	TrailHeads
31	355	WILL SMITH	4:00:03.1	12:00	42	M	CHARLOTTE	NC	
32	226	JON BONTRAGER	4:00:28.3	12:01	40	M	CHARLOTTE	NC	
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63	283	DAVID JOHNSON	4:37:39.9	13:53	34	M	DURHAM	NC	
64	317	PETE MCCLOUGHAN	4:40:18.1	14:01	48	M	APEX	NC	
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66	299	JIM LEWIS	4:43:01.7	14:09	55	M	CHAPEL HILL	NC	TrailHeads
67	282	TYLER HUSTRULID	4:44:03.4	14:12	40	M	WILMINGTON	NC	
68	327	JON PARKER	4:44:59.2	14:15	55	M	CHAPEL HILL	NC	TrailHeads
69	280	WILL HUFFMAN	4:47:28.4	14:22	31	M	DURHAM	NC	Bullunteers
70	212	DON BARADELL	4:48:24.2	14:25	63	M	GREENSBORO	NC	
71	260	DAN GIROUARD	4:50:30.8	14:32	50	M	CARY	NC	
72	350	BRIAN SCHWINDT	4:54:08.5	14:42	45	M	CARY	NC	
73	362	MATTHEW TILLEY	4:54:26.7	14:43	46	M	MC LEANSVILLE	NC	
74	305	SHAUN LYNCH	4:54:35.3	14:44	43	M	CARY	NC	
75	300	ROBERT LONG	5:04:31.3	15:14	70	M	CHAPEL HILL	NC	
76	369	MATT WARD	5:05:30.1	15:17	46	M	APEX	NC	
77	371	NATHAN WHEATLEY	5:12:00.2	15:36	51	M	HUNTERSVILLE	NC	Mudder Brudders
78	277	ZACH HOLLAND	5:16:57.2	15:51	44	M	APEX	NC	
79	367	MARTIN VAN CLEEFF	5:19:02.8	15:57	58	M	CARY	NC	
80	256	MICHAEL FINK	5:19:55.3	16:00	51	M	PITTSBORO	NC	
81	246	CHARLES DICKINSON	5:20:15.5	16:01	64	M	RICHMOND	VA	
82	290	ROBERT KERN	5:24:01.8	16:12	59	M	CARRBORO	NC	TrailHeads
83	276	COLBY HOKE	5:38:38.5	16:56	39	M	RALEIGH	NC	
84	270	MICHAEL HARRIS	5:39:06.7	16:57	44	M	HIGH POINT	NC	
85	220	MARK BENGE	5:46:16.6	17:19	59	M	ARCHER LODGE	NC	
86	313	KEITH MANNING	5:46:18.1	17:19	58	M	CLAYTON	NC	
87	364	SQUONK TRAILHEAD	6:05:50.0	18:18	61	M	CHAPEL HILL	NC	TrailHeads
88	361	JIM TIGNOR	6:11:46.3	18:35	55	M	DURHAM	NC	