



40-Mile Run Overall 2019 Results

Position	Bib	Name	Finish	Pace	Split 1	Pace	Turn	Split 2	Pace	Gender	Age	City	State	Team Name
1	30	DANIEL DORE	6:37:25	9:56	3:12:27	9:37	1:26	3:23:32	10:11	M	36	CHAPEL HILL	NC	Trailheads
2	42	ALYSSA GODESKY	7:33:39	11:20	3:30:56	10:33	1:50	4:00:53	12:03	F	33	CHARLOTTESVILLE	VA	
3	88	PARKER MITCHELL	7:40:24	11:31	3:42:56	11:09	2:44	3:54:44	11:44	M	28	CHARLOTTE	NC	
4	3	ERIC ANDERSON	7:45:50	11:39	3:34:19	10:43	1:21	4:10:10	12:30	M	37	GREENSBORO	NC	
5	36	DEREK FOX	7:47:50	11:42	3:39:58	11:00	1:06	4:06:45	12:20	M	33	HOLLY SPRINGS	NC	
6	64	ERIN JOBE	7:50:42	11:46	3:50:12	11:31	2:24	3:58:06	11:54	F	32	PITTSBORO	NC	
7	60	NAJI HUSSEINI	7:56:58	11:55	3:40:36	11:02	2:55	4:13:27	12:40	M	36	CARY	NC	Trailheads
8	129	ROBERT WOODALL	8:07:28	12:11	3:40:14	11:01	2:15	4:24:59	13:15	M	41	SIMS	NC	Wilson Beer Runners
9	94	MATTHEW PHELAN	8:12:43	12:19	3:33:37	10:41	1:25	4:37:41	13:53	M	30	DURHAM	NC	
10	46	JOHN GRIMES	8:15:28	12:23	3:50:07	11:30	5:55	4:19:26	12:58	M	52	RALEIGH	NC	Mangum Track Club
11	105	BRADLEY RUSSIAN	8:24:58	12:37	3:50:13	11:31	9:37	4:25:08	13:15	M	25	DURHAM	NC	
12	53	GREG HOHM	8:25:05	12:38	3:53:23	11:40	0:00	4:31:42	13:35	M	49	CHARLOTTE	NC	
13	99	SHANE REYNOLDS	8:26:21	12:39	3:42:08	11:06	3:11	4:41:01	14:03	M	35	DURHAM	NC	
14	20	NEAL CAREN	8:30:14	12:45	3:50:39	11:32	1:58	4:37:37	13:53	M	45	CHAPEL HILL	NC	
15	95	JOSEPH PINTER	8:34:34	12:52	3:41:07	11:03	1:32	4:51:55	14:36	M	45	GAINESVILLE	FL	
16	25	SEAN CHASTAIN	8:43:43	13:06	3:59:26	11:58	1:29	4:42:47	14:08	M	34	RALEIGH	NC	
17	54	DANIEL HOLMES	8:44:03	13:06	3:43:31	11:11	3:39	4:56:52	14:51	M	37	GREENVILLE	NC	Rogue Runners
18	125	REBECCA WEAST	8:44:54	13:07	4:08:50	12:26	0:00	4:36:03	13:48	F	31	CHARLOTTESVILLE	VA	
19	27	LOGAN CORBETT	8:48:51	13:13	3:52:42	11:38	3:33	4:52:36	14:38	M	32	CHARLOTTE	NC	Mudder Brudders
20	48	COLBY HAGEN	8:49:47	13:15	3:56:35	11:50	4:23	4:48:48	14:26	M	39	RALEIGH	NC	
21	110	STEVEN SHADE	8:51:36	13:17	4:06:04	12:18	0:00	4:45:32	14:17	M	36	WILMINGTON	NC	
22	24	CHAD CATO	8:53:20	13:20	4:05:00	12:15	2:30	4:45:50	14:17	M	45	WILSON	NC	Wilson Beer Runners
23	10	BRIAN BOHRER	8:54:45	13:22	4:06:07	12:18	4:31	4:44:07	14:12	M	43	WILMINGTON	NC	
24	98	MICHAEL RAMSDELL	9:01:11	13:32	4:00:11	12:00	4:17	4:56:43	14:50	M	38	RICHLANDS	NC	
25	71	IV KIMBERLY	9:01:12	13:32	3:57:46	11:53	1:57	5:01:29	15:04	M	50	CHAPEL HILL	NC	Trailheads
26	34	MIKE FIORITO	9:07:11	13:41	4:08:24	12:25	5:56	4:52:50	14:39	M	51	APEX	NC	F3
27	67	JIMMY JUHL	9:09:56	13:45	4:04:18	12:13	12:01	4:53:37	14:41	M	41	HOLLY SPRINGS	NC	
28	15	JILLIAN BREITWIESER	9:10:42	13:46	4:10:11	12:31	4:12	4:56:19	14:49	F	38	VIRGINIA BEACH	VA	
29	63	JERROLD JESKE	9:10:45	13:46	4:04:18	12:13	12:00	4:54:27	14:43	M	36	APEX	NC	
30	79	WES LEWIS	9:12:07	13:48	3:55:54	11:48	3:18	5:12:55	15:39	M	35	RALEIGH	NC	Runologie
31	44	NATHANIEL GREENE	9:12:58	13:49	3:55:36	11:47	4:12	5:13:10	15:39	M	34	CARY	NC	
32	35	DALE FLECKENSTEIN	9:14:54	13:52	3:43:17	11:10	8:32	5:23:05	16:09	M	54	DURHAM	NC	
33	17	BENJAMIN BRUNO	9:17:32	13:56	4:16:43	12:50	3:06	4:57:43	14:53	M	34	SANTA BARBARA	CA	
34	118	SOPHIE SPEIDEL	9:19:57	14:00	4:17:14	12:52	1:32	5:01:11	15:04	F	56	CHARLOTTESVILLE	VA	
35	83	RYAN MCANELLY	9:21:04	14:02	4:06:05	12:18	3:45	5:11:14	15:34	M	35	CONCORD	NC	
36	45	KEVIN GRIFFIN	9:22:51	14:04	4:00:43	12:02	3:38	5:18:31	15:56	M	51	DURHAM	NC	

Position	Bib	Name	Finish	Pace	Split 1	Pace	Turn	Split 2	Pace	Gender	Age	City	State	Team Name
37	56	PATRICK HORNING	9:23:31	14:05	4:08:29	12:25	2:14	5:12:48	15:38	M	53	ROUGEMONT	NC	
38	4	ANDREW BALL	9:24:20	14:06	3:46:12	11:19	0:00	5:38:08	16:54	M	38	RALEIGH	NC	
39	62	STEPH JEFFRIES	9:25:03	14:08	4:22:05	13:06	4:56	4:58:02	14:54	F	47	RALEIGH	NC	runnerpeeps
40	29	RICHARD CRANDELL	9:25:06	14:08	4:13:35	12:41	2:12	5:09:19	15:28	M	41	HOLLY SPRINGS	NC	
41	102	JIM ROCHE	9:25:24	14:08	4:05:10	12:15	8:36	5:11:37	15:35	M	49	SWANSBORO	NC	
42	19	JOHN CARACOGLIA	9:25:25	14:08	4:24:37	13:14	3:27	4:57:21	14:52	M	42	GREENVILLE	NC	
43	111	KELLY SHAER	9:34:05	14:21	4:23:36	13:11	0:41	5:09:48	15:29	F	35	GAINESVILLE	FL	
44	78	RYAN LEWIS	9:35:51	14:24	4:26:09	13:18	4:34	5:05:08	15:15	M	40	HERNDON	VA	
45	13	CAMERON BRANNING	9:37:05	14:26	4:07:56	12:24	1:52	5:27:17	16:22	M	25	FREDERICKSBURG	VA	
46	38	W. PATRICK GALE	9:37:22	14:26	4:31:14	13:34	6:26	4:59:42	14:59	M	45	CARRBORO	NC	Trailheads
47	97	MEGHAN PROHASKA	9:39:37	14:29	4:20:23	13:01	3:43	5:15:31	15:47	F	30	WILMINGTON	NC	
48	6	COLIN BARROWS	9:39:59	14:30	4:34:15	13:43	3:23	5:02:21	15:07	M	47	FUQUAY VARINA	NC	
49	55	LEE HOPKINS	9:43:33	14:35	4:21:26	13:04	3:25	5:18:42	15:56	M	34	WENDELL	NC	Run n tri outfitters
50	52	CHRIS HAWLEY	9:44:24	14:37	4:24:22	13:13	5:39	5:14:23	15:43	M	51	WILSON	NC	Wilson beer runners
51	103	GRANT ROWLAND	9:44:29	14:37	4:17:05	12:51	18:55	5:08:29	15:25	M	35	WASHINGTON	DC	
52	108	AMY SCOTT	9:45:00	14:37	4:20:23	13:01	1:54	5:22:42	16:08	F	44	CARY	NC	
53	100	TRAVIS REZNIK	9:46:51	14:40	4:33:48	13:41	5:45	5:07:18	15:22	M	35	FALLS CHURCH	VA	
54	121	LISA TAYLOR	9:46:54	14:40	4:33:44	13:41	0:00	5:13:10	15:39	F	37	FALLS CHURCH	VA	
55	57	HOLLY HOWELL	9:48:50	14:43	4:40:37	14:02	6:23	5:01:50	15:06	F	36	HILLSBOROUGH	NC	
56	58	MARK HUBBARD	10:01:57.8	15:03	4:30:25	13:31	6:38	5:24:55	16:15	M	44	RALEIGH	NC	
57	76	BRIAN LESH	10:02:52.8	15:04	4:19:54	13:00	0:00	5:42:59	17:09	M	39	RALEIGH	NC	Run N Tri
58	114	CLIFF SIMPSON	10:03:34.8	15:05	4:34:10	13:43	2:27	5:26:58	16:21	M	51	CHAPEL HILL	NC	Trailheads
59	77	JOE LEWIS	10:05:43.8	15:09	4:32:27	13:37	7:30	5:25:47	16:17	M	43	CHARLOTTE	NC	
60	91	ALLEN PARKER	10:19:38.8	15:29	4:17:36	12:53	0:56	6:01:07	18:03	M	49	EFLAND	NC	
61	80	GREG LITTLE	10:23:18.8	15:35	4:31:12	13:34	7:03	5:45:04	17:15	M	32	RALEIGH	NC	
62	59	WILL HUFFMAN	10:23:48.8	15:36	5:03:13	15:10	4:28	5:16:08	15:48	M	28	DURHAM	NC	Bullenteers
63	40	WENDELL GILLAND	10:33:09.8	15:50	4:48:38	14:26	3:40	5:40:52	17:03	M	54	CHAPEL HILL	NC	
64	109	CHRIS SCOTT	10:39:51.8	16:00	4:31:56	13:36	7:42	6:00:14	18:01	M	39	GREENVILLE	NC	
65	8	CHARLES BILLIG	10:40:02.8	16:00	4:35:59	13:48	5:34	5:58:30	17:56	M	34	PIKEVILLE	NC	
66	84	JEFFREY MCCLINTOCK	10:42:04.8	16:03	5:06:43	15:20	3:28	5:31:54	16:36	M	47	WILMINGTON	NC	
67	113	PAULA SHEARON	10:44:51.8	16:07	4:57:51	14:54	6:11	5:40:50	17:02	F	35	WENDELL	NC	
68	39	BOB GENTILE	10:46:00.8	16:09	5:04:30	15:13	6:04	5:35:27	16:46	M	52	BOULDER	CO	
69	92	SARAH PARKER	10:49:30.8	16:14	5:02:21	15:07	0:00	5:47:10	17:21	F	27	FAYETTEVILLE	NC	
70	112	CHRIS SHEARON	10:54:25.8	16:22	4:44:23	14:13	4:01	6:06:02	18:18	M	40	WENDELL	NC	
71	107	BLAKE SCHWARTZ	10:57:16.8	16:26	4:44:28	14:13	7:23	6:05:26	18:16	M	38	VASS	NC	
72	28	ROB CRANDALL	10:59:12.8	16:29	4:49:40	14:29	0:36	6:08:57	18:27	M	53	BOONE	NC	
73	50	MANDEE HALL	11:13:58.8	16:51	5:15:26	15:46	5:45	5:52:48	17:38	F	42	GAINESVILLE	FL	
74	47	JOSH GRISWELL	11:14:00.8	16:51	5:15:22	15:46	5:47	5:52:52	17:39	M	37	ELKIN	NC	
75	65	MIKE JOHNSON	11:15:13.8	16:53	5:12:20	15:37	7:31	5:55:23	17:46	M	53	DURHAM	NC	
76	73	KELLY KREEL	11:23:13.8	17:05	5:02:46	15:08	20:58	5:59:30	17:59	F	40	RALEIGH	NC	Run N Tri
77	86	LISA MCFADDEN	11:24:47.8	17:07	5:19:50	16:00	1:32	6:03:26	18:10	F	45	LILLINGTON	NC	
78	89	JOHN MORRIS	11:35:58.8	17:24	4:48:42	14:26	11:07	6:36:09	19:48	M	45	HOLLY SPRINGS	NC	
79	122	MARK TIERNAN	11:36:00.8	17:24	4:52:25	14:37	7:46	6:35:50	19:47	M	46	CARY	NC	

Position	Bib	Name	Finish	Pace	Split 1	Pace	Turn	Split 2	Pace	Gender	Age	City	State	Team Name
80	126	SCOTT WELLS	11:36:03.8	17:24	4:48:59	14:27	11:13	6:35:52	19:48	M	46	HOLLY SPRINGS	NC	CMRC
81	41	DAN GIROUARD	11:36:11.8	17:24	4:52:41	14:38	7:23	6:36:07	19:48	M	47	CARY	NC	CMRC
82	85	BRANDON MCCONNELL	11:47:48.8	17:42	5:03:31	15:11	0:00	6:44:18	20:13	M	32	CARY	NC	
83	117	TRAVIS SPARROW	11:57:45.8	17:57	5:02:13	15:07	6:14	6:49:19	20:28	M	40	MECHANICSVILLE	VA	
84	68	BERT KELLY	12:02:56.8	18:04	5:16:31	15:50	0:00	6:46:26	20:19	M	52	FARMVILLE	NC	
85	33	JOEL FINE	12:04:42.8	18:07	5:14:50	15:44	3:14	6:46:39	20:20	M	71	SWANNANOVA	NC	
86	82	ANNE MANDEVILLE-LONG	12:04:42.8	18:07	5:05:45	15:17	15:14	6:43:43	20:11	F	59	CHAPEL HILL	NC	
87	81	ROBERT LONG	12:04:47.8	18:07	5:09:22	15:28	11:32	6:43:54	20:12	M	67	CHAPEL HILL	NC	
88	26	JOSHUA COLE	12:15:52.8	18:24	5:28:51	16:27	9:28	6:37:33	19:53	M	39	CARY	NC	
89	123	THOMAS TRIUMPH	12:26:55.8	18:40	5:34:21	16:43	0:00	6:52:35	20:38	M	60	CHAPEL HILL	NC	Team Peach
90	11	SALLY BOTWICK	12:35:50.8	18:54	5:35:19	16:46	4:59	6:55:33	20:47	F	47	HOLLY SPRINGS	NC	

OVERALL FEMALES

Position	Bib	Name	Finish	Pace	Split 1	Pace	Turn	Split 2	Pace	Gender	Age	City	State	Team Name
1	42	ALYSSA GODESKY	7:33:39	11:20	3:30:56	10:33	1:50	4:00:53	12:03	F	33	CHARLOTTESVILLE	VA	
2	64	ERIN JOBE	7:50:42	11:46	3:50:12	11:31	2:24	3:58:06	11:54	F	32	PITTSBORO	NC	
3	125	REBECCA WEAST	8:44:54	13:07	4:08:50	12:26	0:00	4:36:03	13:48	F	31	CHARLOTTESVILLE	VA	
4	15	JILLIAN BREITWIESER	9:10:42	13:46	4:10:11	12:31	4:12	4:56:19	14:49	F	38	VIRGINIA BEACH	VA	
5	118	SOPHIE SPEIDEL	9:19:57	14:00	4:17:14	12:52	1:32	5:01:11	15:04	F	56	CHARLOTTESVILLE	VA	
6	62	STEPH JEFFRIES	9:25:03	14:08	4:22:05	13:06	4:56	4:58:02	14:54	F	47	RALEIGH	NC	runnerpeeps
7	111	KELLY SHAER	9:34:05	14:21	4:23:36	13:11	0:41	5:09:48	15:29	F	35	GAINESVILLE	FL	
8	97	MEGHAN PROHASKA	9:39:37	14:29	4:20:23	13:01	3:43	5:15:31	15:47	F	30	WILMINGTON	NC	
9	108	AMY SCOTT	9:45:00	14:37	4:20:23	13:01	1:54	5:22:42	16:08	F	44	CARY	NC	
10	121	LISA TAYLOR	9:46:54	14:40	4:33:44	13:41	0:00	5:13:10	15:39	F	37	FALLS CHURCH	VA	
11	57	HOLLY HOWELL	9:48:50	14:43	4:40:37	14:02	6:23	5:01:50	15:06	F	36	HILLSBOROUGH	NC	
12	113	PAULA SHEARON	10:44:51.8	16:07	4:57:51	14:54	6:11	5:40:50	17:02	F	35	WENDELL	NC	
13	92	SARAH PARKER	10:49:30.8	16:14	5:02:21	15:07	0:00	5:47:10	17:21	F	27	FAYETTEVILLE	NC	
14	50	MANDEE HALL	11:13:58.8	16:51	5:15:26	15:46	5:45	5:52:48	17:38	F	42	GAINESVILLE	FL	
15	73	KELLY KREEL	11:23:13.8	17:05	5:02:46	15:08	20:58	5:59:30	17:59	F	40	RALEIGH	NC	Run N Tri
16	86	LISA MCFADDEN	11:24:47.8	17:07	5:19:50	16:00	1:32	6:03:26	18:10	F	45	LILLINGTON	NC	
17	82	ANNE MANDEVILLE-LONG	12:04:42.8	18:07	5:05:45	15:17	15:14	6:43:43	20:11	F	59	CHAPEL HILL	NC	
18	11	SALLY BOTWICK	12:35:50.8	18:54	5:35:19	16:46	4:59	6:55:33	20:47	F	47	HOLLY SPRINGS	NC	

OVERALL MALES

1	30	DANIEL DORE	6:37:25	9:56	3:12:27	9:37	1:26	3:23:32	10:11	M	36	CHAPEL HILL	NC	Trailheads
2	88	PARKER MITCHELL	7:40:24	11:31	3:42:56	11:09	2:44	3:54:44	11:44	M	28	CHARLOTTE	NC	
3	3	ERIC ANDERSON	7:45:50	11:39	3:34:19	10:43	1:21	4:10:10	12:30	M	37	GREENSBORO	NC	
4	36	DEREK FOX	7:47:50	11:42	3:39:58	11:00	1:06	4:06:45	12:20	M	33	HOLLY SPRINGS	NC	
5	60	NAJI HUSSEINI	7:56:58	11:55	3:40:36	11:02	2:55	4:13:27	12:40	M	36	CARY	NC	Trailheads
6	129	ROBERT WOODALL	8:07:28	12:11	3:40:14	11:01	2:15	4:24:59	13:15	M	41	SIMS	NC	Wilson Beer Runners
7	94	MATTHEW PHELAN	8:12:43	12:19	3:33:37	10:41	1:25	4:37:41	13:53	M	30	DURHAM	NC	
8	46	JOHN GRIMES	8:15:28	12:23	3:50:07	11:30	5:55	4:19:26	12:58	M	52	RALEIGH	NC	Mangum Track Club
9	105	BRADLEY RUSSIAN	8:24:58	12:37	3:50:13	11:31	9:37	4:25:08	13:15	M	25	DURHAM	NC	

Position	Bib	Name	Finish	Pace	Split 1	Pace	Turn	Split 2	Pace	Gender	Age	City	State	Team Name
10	53	GREG HOHM	8:25:05	12:38	3:53:23	11:40	0:00	4:31:42	13:35	M	49	CHARLOTTE	NC	
11	99	SHANE REYNOLDS	8:26:21	12:39	3:42:08	11:06	3:11	4:41:01	14:03	M	35	DURHAM	NC	
12	20	NEAL CAREN	8:30:14	12:45	3:50:39	11:32	1:58	4:37:37	13:53	M	45	CHAPEL HILL	NC	
13	95	JOSEPH PINTER	8:34:34	12:52	3:41:07	11:03	1:32	4:51:55	14:36	M	45	GAINESVILLE	FL	
14	25	SEAN CHASTAIN	8:43:43	13:06	3:59:26	11:58	1:29	4:42:47	14:08	M	34	RALEIGH	NC	
15	54	DANIEL HOLMES	8:44:03	13:06	3:43:31	11:11	3:39	4:56:52	14:51	M	37	GREENVILLE	NC	Rogue Runners
16	27	LOGAN CORBETT	8:48:51	13:13	3:52:42	11:38	3:33	4:52:36	14:38	M	32	CHARLOTTE	NC	Mudder Brudders
17	48	COLBY HAGEN	8:49:47	13:15	3:56:35	11:50	4:23	4:48:48	14:26	M	39	RALEIGH	NC	
18	110	STEVEN SHADE	8:51:36	13:17	4:06:04	12:18	0:00	4:45:32	14:17	M	36	WILMINGTON	NC	
19	24	CHAD CATO	8:53:20	13:20	4:05:00	12:15	2:30	4:45:50	14:17	M	45	WILSON	NC	Wilson Beer Runners
20	10	BRIAN BOHRER	8:54:45	13:22	4:06:07	12:18	4:31	4:44:07	14:12	M	43	WILMINGTON	NC	
21	98	MICHAEL RAMSDELL	9:01:11	13:32	4:00:11	12:00	4:17	4:56:43	14:50	M	38	RICHLANDS	NC	
22	71	IV KIMBERLY	9:01:12	13:32	3:57:46	11:53	1:57	5:01:29	15:04	M	50	CHAPEL HILL	NC	Trailheads
23	34	MIKE FIORITO	9:07:11	13:41	4:08:24	12:25	5:56	4:52:50	14:39	M	51	APEX	NC	F3
24	67	JIMMY JUHL	9:09:56	13:45	4:04:18	12:13	12:01	4:53:37	14:41	M	41	HOLLY SPRINGS	NC	
25	63	JERROLD JESKE	9:10:45	13:46	4:04:18	12:13	12:00	4:54:27	14:43	M	36	APEX	NC	
26	79	WES LEWIS	9:12:07	13:48	3:55:54	11:48	3:18	5:12:55	15:39	M	35	RALEIGH	NC	Runologie
27	44	NATHANIEL GREENE	9:12:58	13:49	3:55:36	11:47	4:12	5:13:10	15:39	M	34	CARY	NC	
28	35	DALE FLECKENSTEIN	9:14:54	13:52	3:43:17	11:10	8:32	5:23:05	16:09	M	54	DURHAM	NC	
29	17	BENJAMIN BRUNO	9:17:32	13:56	4:16:43	12:50	3:06	4:57:43	14:53	M	34	SANTA BARBARA	CA	
30	83	RYAN MCANELLY	9:21:04	14:02	4:06:05	12:18	3:45	5:11:14	15:34	M	35	CONCORD	NC	
31	45	KEVIN GRIFFIN	9:22:51	14:04	4:00:43	12:02	3:38	5:18:31	15:56	M	51	DURHAM	NC	
32	56	PATRICK HORNING	9:23:31	14:05	4:08:29	12:25	2:14	5:12:48	15:38	M	53	ROUGEMONT	NC	
33	4	ANDREW BALL	9:24:20	14:06	3:46:12	11:19	0:00	5:38:08	16:54	M	38	RALEIGH	NC	
34	29	RICHARD CRANDELL	9:25:06	14:08	4:13:35	12:41	2:12	5:09:19	15:28	M	41	HOLLY SPRINGS	NC	
35	102	JIM ROCHE	9:25:24	14:08	4:05:10	12:15	8:36	5:11:37	15:35	M	49	SWANSBORO	NC	
36	19	JOHN CARACOGLIA	9:25:25	14:08	4:24:37	13:14	3:27	4:57:21	14:52	M	42	GREENVILLE	NC	
37	78	RYAN LEWIS	9:35:51	14:24	4:26:09	13:18	4:34	5:05:08	15:15	M	40	HERNDON	VA	
38	13	CAMERON BRANNING	9:37:05	14:26	4:07:56	12:24	1:52	5:27:17	16:22	M	25	FREDERICKSBURG	VA	
39	38	W. PATRICK GALE	9:37:22	14:26	4:31:14	13:34	6:26	4:59:42	14:59	M	45	CARRBORO	NC	Trailheads
40	6	COLIN BARROWS	9:39:59	14:30	4:34:15	13:43	3:23	5:02:21	15:07	M	47	FUQUAY VARINA	NC	
41	55	LEE HOPKINS	9:43:33	14:35	4:21:26	13:04	3:25	5:18:42	15:56	M	34	WENDELL	NC	Run n tri outfitters
42	52	CHRIS HAWLEY	9:44:24	14:37	4:24:22	13:13	5:39	5:14:23	15:43	M	51	WILSON	NC	Wilson beer runners
43	103	GRANT ROWLAND	9:44:29	14:37	4:17:05	12:51	18:55	5:08:29	15:25	M	35	WASHINGTON	DC	
44	100	TRAVIS REZNIK	9:46:51	14:40	4:33:48	13:41	5:45	5:07:18	15:22	M	35	FALLS CHURCH	VA	
45	58	MARK HUBBARD	10:01:57.8	15:03	4:30:25	13:31	6:38	5:24:55	16:15	M	44	RALEIGH	NC	
46	76	BRIAN LESH	10:02:52.8	15:04	4:19:54	13:00	0:00	5:42:59	17:09	M	39	RALEIGH	NC	Run N Tri
47	114	CLIFF SIMPSON	10:03:34.8	15:05	4:34:10	13:43	2:27	5:26:58	16:21	M	51	CHAPEL HILL	NC	Trailheads
48	77	JOE LEWIS	10:05:43.8	15:09	4:32:27	13:37	7:30	5:25:47	16:17	M	43	CHARLOTTE	NC	
49	91	ALLEN PARKER	10:19:38.8	15:29	4:17:36	12:53	0:56	6:01:07	18:03	M	49	EFLAND	NC	
50	80	GREG LITTLE	10:23:18.8	15:35	4:31:12	13:34	7:03	5:45:04	17:15	M	32	RALEIGH	NC	
51	59	WILL HUFFMAN	10:23:48.8	15:36	5:03:13	15:10	4:28	5:16:08	15:48	M	28	DURHAM	NC	Bullenteers
52	40	WENDELL GILLAND	10:33:09.8	15:50	4:48:38	14:26	3:40	5:40:52	17:03	M	54	CHAPEL HILL	NC	

Position	Bib	Name	Finish	Pace	Split 1	Pace	Turn	Split 2	Pace	Gender	Age	City	State	Team Name
53	109	CHRIS SCOTT	10:39:51.8	16:00	4:31:56	13:36	7:42	6:00:14	18:01	M	39	GREENVILLE	NC	
54	8	CHARLES BILLIG	10:40:02.8	16:00	4:35:59	13:48	5:34	5:58:30	17:56	M	34	PIKEVILLE	NC	
55	84	JEFFREY MCCLINTOCK	10:42:04.8	16:03	5:06:43	15:20	3:28	5:31:54	16:36	M	47	WILMINGTON	NC	
56	39	BOB GENTILE	10:46:00.8	16:09	5:04:30	15:13	6:04	5:35:27	16:46	M	52	BOULDER	CO	
57	112	CHRIS SHEARON	10:54:25.8	16:22	4:44:23	14:13	4:01	6:06:02	18:18	M	40	WENDELL	NC	
58	107	BLAKE SCHWARTZ	10:57:16.8	16:26	4:44:28	14:13	7:23	6:05:26	18:16	M	38	VASS	NC	
59	28	ROB CRANDALL	10:59:12.8	16:29	4:49:40	14:29	0:36	6:08:57	18:27	M	53	BOONE	NC	
60	47	JOSH GRISWELL	11:14:00.8	16:51	5:15:22	15:46	5:47	5:52:52	17:39	M	37	ELKIN	NC	
61	65	MIKE JOHNSON	11:15:13.8	16:53	5:12:20	15:37	7:31	5:55:23	17:46	M	53	DURHAM	NC	
62	89	JOHN MORRIS	11:35:58.8	17:24	4:48:42	14:26	11:07	6:36:09	19:48	M	45	HOLLY SPRINGS	NC	
63	122	MARK TIERNAN	11:36:00.8	17:24	4:52:25	14:37	7:46	6:35:50	19:47	M	46	CARY	NC	
64	126	SCOTT WELLS	11:36:03.8	17:24	4:48:59	14:27	11:13	6:35:52	19:48	M	46	HOLLY SPRINGS	NC	CMRC
65	41	DAN GIROUARD	11:36:11.8	17:24	4:52:41	14:38	7:23	6:36:07	19:48	M	47	CARY	NC	CMRC
66	85	BRANDON MCCONNELL	11:47:48.8	17:42	5:03:31	15:11	0:00	6:44:18	20:13	M	32	CARY	NC	
67	117	TRAVIS SPARROW	11:57:45.8	17:57	5:02:13	15:07	6:14	6:49:19	20:28	M	40	MECHANICSVILLE	VA	
68	68	BERT KELLY	12:02:56.8	18:04	5:16:31	15:50	0:00	6:46:26	20:19	M	52	FARMVILLE	NC	
69	33	JOEL FINE	12:04:42.8	18:07	5:14:50	15:44	3:14	6:46:39	20:20	M	71	SWANNANOVA	NC	
70	81	ROBERT LONG	12:04:47.8	18:07	5:09:22	15:28	11:32	6:43:54	20:12	M	67	CHAPEL HILL	NC	
71	26	JOSHUA COLE	12:15:52.8	18:24	5:28:51	16:27	9:28	6:37:33	19:53	M	39	CARY	NC	
72	123	THOMAS TRIUMPH	12:26:55.8	18:40	5:34:21	16:43	0:00	6:52:35	20:38	M	60	CHAPEL HILL	NC	Team Peach