



## 2013 40-Mile Run Overall Results

Place	Time	BIB #	First	Last	Age	Sex	City	State	Team
1	6:05:15	14	Jason	Bryant	40	M	Elkin	NC	
2	6:19:20	5	Sean	Andrish	43	M	Leesburg	VA	VHTRC
3	6:30:04	121	Sebastien	Welterlin	35	M	Capitan	NM	
4	6:47:12	54	Keith	Knipling	37	M	Alexandria	VA	VHTRC
5	6:57:24	113	Brandon	Thrower	25	M	Maiden	NC	Pisgah Nation
6	6:59:55	30	Derek	Galvin	33	M	Chapel Hill	NC	Da solo
7	7:12:20	119	Ronnie	Weed	37	M	Durham	NC	Bull City Track Club
8	7:14:22	35	Josh	Gilbert	37	M	Roanoke	VA	Mountain Junkies
9	7:17:39	29	David	Galloway	28	M	Durham	NC	Trailheads
10	7:20:10	125	Valerie	Wrenholt	37	F	Mooresville	NC	DART
11	7:25:55	90	Stephen	Ryan Jr	55	M	Raleigh	NC	
12	7:32:25	41	Joel	Wright	40	M	Carrboro	NC	
13	7:34:08	22	B.J.	Creehan	34	M	Morrisville	NC	
14	7:40:19	9	Barton	Bechard	48	M	Durham	NC	Bull City Track Club
15	7:42:20	26	Stephen	Dunn	46	M	Chapel Hill	NC	Trailheads
16	7:49:00	43	Brian	Hayes	38	M	Concord	NC	
17	7:53:53	48	Bill	Jordan	39	M	Chapin	SC	
18	7:55:02	116	Jeremy	Waldrop	36	M	Greensboro	NC	Pisgah Nation
19	7:55:03	18	Ernest	Carroll	47	M	Asheboro	NC	
20	7:56:22	120	Keith	Weitz	44	M	Durham	NC	
21	8:03:37	45	Matthew	Heisey	29	M	Cameron	NC	
22	8:07:36	109	Sophie	Speidel	50	F	Charlottesville	VA	VHTRC
23	8:16:48	37	Rick	Gray	52	M	Johnson City	TN	
24	8:21:04	107	Derek	Solum	40	M	Chapel Hill	NC	Trailheads
25	8:21:40	67	Valerie	Matena	26	F	Charlotte	NC	
26	8:24:42	53	Justin	Keziah	25	M	Charlotte	NC	
27	8:24:45	105	Eric	Smith	36	M	Charlotte	NC	
28	8:25:14	75	Jay	Murray	51	M	Morrisville	NC	
29	8:28:35	33	James	Gerdts	40	M	Raleigh	NC	Carolina Godiva Track Club
30	8:29:32	3	Jonathan	Adcock	30	M	Stuart	VA	Mountain Junkies
31	8:34:10	64	Lauran	Madden	28	F	Durham	NC	
32	8:39:57	60	David	Lovelace	39	M	Winterville	NC	Tricredibles
33	8:49:06	16	Sean	Butler	42	M	Pittsboro	NC	
34	8:49:08	108	Jay	Spadie	42	M	Raleigh	NC	
35	8:49:53	88	Kurt	Rosenkrantz	40	M	Chapel Hill	NC	Trailheads
36	8:53:05	57	Kim	Owens	41	F	Grand Rapids	MI	
37	8:53:44	74	Karen	Murphy	34	F	Durham	NC	Bull City Track Club
38	8:56:46	10	Scott	Bodien	37	M	Charlotte	NC	
39	8:58:26	56	Jim	Lewis	46	M	Chapel Hill	NC	
40	9:02:35	21	Rob	Colenso	38	M	Alexandria	VA	VHTRC
41	9:07:15	97	Ryan	Shuping	33	M	Greensboro	NC	
42	9:08:20	31	Kevin	Gauger	38	M	Holly Springs	NC	
43	9:08:44	13	Mike	Broome	42	M	Durham	NC	Trailheads
44	9:09:55	25	James	Dodge	55	M	Raleigh	NC	Slow
45	9:12:56	80	David	Phillips	42	M	Charlotte	NC	
46	9:14:51	52	Kenneth	Keske	32	M	Concord	NC	H-CTC
47	9:14:51	68	Ryan	McAnelly	29	M	Concord	NC	Huntersville Concord Triathlon Club
48	9:20:51	101	Timothy	Slape	38	M	Charlotte	NC	
49	9:22:31	85	Jim	Riek	47	M	Carrboro	NC	Trailheads
50	9:26:20	70	Jeff	McGonnell	52	M	Davidson	NC	
51	9:30:57	93	Dru	Sexton	60	F	Roanoke	VA	
52	9:36:09	24	Tracy	Dahl	33	F	Alexandria	VA	VHTRC
53	9:40:36	76	John	Nussbaumer	32	M	Gastonia	NC	
54	9:41:29	114	Bill	Vanca	57	M	Pittsboro	NC	Trailheads
55	9:44:59	8	Colin	Barrows	41	M	Fuquay Varina	NC	
56	9:45:38	23	Michael	Dacar	36	M	Durham	NC	
57	9:51:08	84	Heiko	Rath	43	M	Cary	NC	Carolina Godiva Track Club
58	9:52:57	106	Barry	Wright	55	M	Troy	NC	



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Place	Time	BIB #	First	Last	Age	Sex	City	State	Team
59	9:56:54	92	Geoff	Scott	64	M	Chapel Hill	NC	Trailheads
60	10:03:50	117	Amber	Webb	28	F	Concord	NC	
61	10:06:08	102	Steve	Slopek	54	M	Apex	NC	
62	10:10:09	32	Joseph	Geigle	35	M	Raleigh	NC	
63	10:12:10	112	Tim	Suttles	35	M	Wake Forest	NC	
64	10:14:09	28	Brent	Eischen	44	M	Durham	NC	Slow
65	10:27:06	118	Shawn	Webb	41	M	Concord	NC	
66	10:28:55	96	John	Sherman	32	M	Huntersville	NC	
67	10:29:12	1	Richard	Abernathy	31	M	Gastonia	NC	
68	10:31:42	73	Melissa	Moore	37	F	Charlotte	NC	
69	10:31:43	72	Douglas	Moore	39	M	Charlotte	NC	
70	10:39:20	69	Lisa	McFadden	39	F	Lillington	NC	
71	10:44:52	4	Rebecca	Adcock	32	F	Stuart	VA	Mountain Junkies
72	10:47:19	62	Scott	Lynch	44	M	Durham	NC	Carolina Godiva Track Club
73	10:48:44	98	Cliff	Simpson	45	M	Chapel Hill	NC	Trailheads
74	10:48:58	71	Gene	Meade	49	M	Fuquay Varina	NC	
75	11:07:13	58	Mark	Long	54	M	Hamlet	NC	Mangum Track Club
76	11:13:23	36	Alan	Gowen	63	M	Keymar	MD	VHTRC
77	11:16:40	123	Jason	Williams	36	M	Linden	NC	
78	11:19:46	20	Kevin	Coleman	40	M	Raleigh	NC	
79	11:19:48	65	Walter	Manigold	36	M	Wake Forest	NC	
80	11:19:50	46	Joel	Johns	40	M	Concord	NC	
81	11:19:52	124	Scott	Wingfield	40	M	Nashville	NC	Rocky Mount Endurance Club
82	11:47:54	81	Dan	Pieroni	72	M	West End	NC	
83	11:47:54	82	Stephen	Pieroni	41	M	Chapel Hill	NC	
84	11:50:24	39	Rhonda	Hampton	52	F	Wake Forest	NC	
85	11:50:36	59	Pam	Long	38	F	Charlotte	NC	
86	11:54:32	11	Sally	Botwick	41	F	Holly Springs	NC	
87	11:54:32	12	Seth	Botwick	42	M	Holly Springs	NC	
88	12:17:03	110	Amy	Stone	32	F	Gastonia	NC	
89	12:27:09	40	Dennis	Hamrick	54	M	Charleston	WV	
90	12:29:42	2	Melissa	Adams	46	F	Elgin	SC	

### Women's 40-Mile Run Results

Place	Time	BIB #	First	Last	Age	Sex	City	State	Team
1	7:20:10	125	Valerie	Wrenholt	37	F	Mooreville	NC	DART
2	8:07:36	109	Sophie	Speidel	50	F	Charlottesville	VA	VHTRC
3	8:21:40	67	Valerie	Matena	26	F	Charlotte	NC	
4	8:34:10	64	Lauran	Madden	28	F	Durham	NC	
5	8:53:05	57	Kim	Owens	41	F	Grand Rapids	MI	
6	8:53:44	74	Karen	Murphy	34	F	Durham	NC	Bull City Track Club
7	9:30:57	93	Dru	Sexton	60	F	Roanoke	VA	
8	9:36:09	24	Tracy	Dahl	33	F	Alexandria	VA	VHTRC
9	10:03:50	117	Amber	Webb	28	F	Concord	NC	
10	10:31:42	73	Melissa	Moore	37	F	Charlotte	NC	
11	10:39:20	69	Lisa	McFadden	39	F	Lillington	NC	
12	10:44:52	4	Rebecca	Adcock	32	F	Stuart	VA	Mountain Junkies
13	11:50:24	39	Rhonda	Hampton	52	F	Wake Forest	NC	
14	11:50:36	59	Pam	Long	38	F	Charlotte	NC	
15	11:54:32	11	Sally	Botwick	41	F	Holly Springs	NC	
16	12:17:03	110	Amy	Stone	32	F	Gastonia	NC	
17	12:29:42	2	Melissa	Adams	46	F	Elgin	SC	

### Men's 40-Mile Run Results

Place	Time	BIB #	First	Last	Age	Sex	City	State	Team
1	6:05:15	14	Jason	Bryant	40	M	Elkin	NC	



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2	6:19:20	5	Sean	Andrish	43	M	Leesburg	VA	VHTRC
3	6:30:04	121	Sebastien	Welterlin	35	M	Capitan	NM	
4	6:47:12	54	Keith	Knipling	37	M	Alexandria	VA	VHTRC
5	6:57:24	113	Brandon	Thrower	25	M	Maiden	NC	Pisgah Nation
6	6:59:55	30	Derek	Galvin	33	M	Chapel Hill	NC	Da solo
7	7:12:20	119	Ronnie	Weed	37	M	Durham	NC	Bull City Track Club
8	7:14:22	35	Josh	Gilbert	37	M	Roanoke	VA	Mountain Junkies
9	7:17:39	29	David	Galloway	28	M	Durham	NC	Trailheads
10	7:25:55	90	Stephen	Ryan Jr	55	M	Raleigh	NC	
11	7:32:25	41	Joel	Wright	40	M	Carrboro	NC	
12	7:34:08	22	B.J.	Creehan	34	M	Morrisville	NC	
13	7:40:19	9	Barton	Bechard	48	M	Durham	NC	Bull City Track Club
14	7:42:20	26	Stephen	Dunn	46	M	Chapel Hill	NC	Trailheads
15	7:49:00	43	Brian	Hayes	38	M	Concord	NC	
16	7:53:53	48	Bill	Jordan	39	M	Chapin	SC	
17	7:55:02	116	Jeremy	Waldrop	36	M	Greensboro	NC	Pisgah Nation
18	7:55:03	18	Ernest	Carroll	47	M	Asheboro	NC	
19	7:56:22	120	Keith	Weitz	44	M	Durham	NC	
20	8:03:37	45	Matthew	Heisey	29	M	Cameron	NC	
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24	8:24:45	105	Eric	Smith	36	M	Charlotte	NC	
25	8:25:14	75	Jay	Murray	51	M	Morrisville	NC	
26	8:28:35	33	James	Gerdts	40	M	Raleigh	NC	Carolina Godiva Track Club
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40	9:14:51	52	Kenneth	Keske	32	M	Concord	NC	H-CTC
41	9:14:51	68	Ryan	McAnelly	29	M	Concord	NC	Huntersville Concord Triathlon Club
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49	9:51:08	84	Heiko	Rath	43	M	Cary	NC	Carolina Godiva Track Club
50	9:52:57	106	Barry	Wright	55	M	Troy	NC	
51	9:56:54	92	Geoff	Scott	64	M	Chapel Hill	NC	Trailheads
52	10:06:08	102	Steve	Slopek	54	M	Apex	NC	
53	10:10:09	32	Joseph	Geigle	35	M	Raleigh	NC	
54	10:12:10	112	Tim	Suttles	35	M	Wake Forest	NC	
55	10:14:09	28	Brent	Eischen	44	M	Durham	NC	Slow
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57	10:28:55	96	John	Sherman	32	M	Huntersville	NC	
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59	10:31:43	72	Douglas	Moore	39	M	Charlotte	NC	



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72	11:54:32	12	Seth	Botwick	42	M	Holly Springs	NC	
73	12:27:09	40	Dennis	Hamrick	54	M	Charleston	WV	