



2017 20-Mile Run Overall Results

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	241	GAVIN	COOMBS	2:26:37	7:20	M	31	RALEIGH	NC	Runologie
2	264	BEN	FOSTER	2:51:22	8:34	M	28	WILMINGTON	NC	Bull City Track Club
3	221	JOHN	BOYDSTON	2:52:06	8:36	M	35	CONCORD	NC	
4	395	ED	SCHLICHTER	3:02:05	9:06	M	34	DAVIDSON	NC	Altra
5	412	TYLE	STELZIG	3:10:56	9:33	M	28	CHAPEL HILL	NC	
6	383	GRAY	RILEY	3:12:33	9:38	M	38	HARRISBURG	NC	
7	314	ROBERT	KOCH	3:15:08	9:45	M	34	CHARLOTTE	NC	
8	252	DAVID	DRENZEK	3:20:08	10:00	M	42	RALEIGH	NC	
9	271	KYLE	GRODE	3:22:13	10:07	M	31	CARRBORO	NC	
10	307	MIKE	KELLEY	3:24:14	10:13	M	57	CHAPEL HILL	NC	Trailheads
11	286	BRIAN	HELFRICH	3:26:21	10:19	M	31	DAVIDSON	NC	
12	281	LINDA	HATFIELD	3:26:54	10:21	F	48	APEX	NC	Life Time Run
13	404	TYLER	SMITH	3:28:00	10:24	M	35	CHAPEL HILL	NC	Trailheads
14	367	MILES	PFEIFER	3:29:21	10:28	M	49	HILLSBOROUGH	NC	
15	438	LIA	WEINER	3:29:26	10:28	F	27	CHAPEL HILL	NC	
16	244	LOGAN	CORBETT	3:30:50	10:32	M	30	CHARLOTTE	NC	Mudder Brudders
17	270	JOHN	GRIMES	3:31:50	10:35	M	50	RALEIGH	NC	Mangum Track Club
18	368	MATTHEW	PHELAN	3:33:13	10:40	M	28	DURHAM	NC	
19	306	LAURA	KEELEY	3:34:57	10:45	F	27	NEW YORK	NY	
20	372	BRIAN	POVISH	3:36:38	10:50	M	42	WEST END	NC	
21	328	STEVE	MAJOR	3:38:49	10:56	M	34	RALEIGH	NC	
22	332	SARA	MARTIN	3:38:51	10:57	F	35	ROANOKE	VA	YAY US
23	327	AARON	MAJOR	3:38:54	10:57	M	38	PATTERSONVILLE	NY	
24	274	JEFF	HALL	3:39:46	10:59	M	52	RALEIGH	NC	Carolina Godiva Track Club
25	240	CHARLES	COOK	3:41:01	11:03	M	47	CHAPEL HILL	NC	
26	287	KATIE	HENDERSON	3:41:32	11:05	F	29	DURHAM	NC	Bull City Track Club
27	254	JOSEPH	DROMMER	3:42:52	11:09	M	46	DURHAM	NC	
28	356	MATT	OLSON	3:44:48	11:14	M	41	EFLAND	NC	
29	259	MICHAEL	FALVO	3:44:59	11:15	M	47	DURHAM	NC	
30	321	DANIEL	LILLEY	3:45:12	11:16	M	43	BAHAMA	NC	
31	294	KEVIN	HOFF	3:45:55	11:18	M	47	DURHAM	NC	
32	301	STEPH	JEFFRIES	3:46:57	11:21	F	45	RALEIGH	NC	Runnerpeeps
33	257	RYAN	EMERICK	3:47:11	11:21	M	42	CHARLOTTE	NC	Dirt Bros.
34	279	LEE	HARDEE	3:47:14	11:22	M	38	CHARLOTTE	NC	
35	320	WES	LEWIS	3:47:32	11:23	M	33	RALEIGH	NC	
36	448	SCOTT	YELTON	3:49:13	11:28	M	50	RALEIGH	NC	Runnerpeeps
37	291	STEVE	HITZEMANN	3:49:45	11:29	M	41	CHARLOTTE	NC	
38	222	MIKE	BREDENBERG	3:50:08	11:30	M	48	RALEIGH	NC	Wampus Kat
39	229	NEAL	CAREN	3:50:42	11:32	M	43	CHAPEL HILL	NC	
40	415	FORREST	STROUD	3:50:58	11:33	M	42	WAKE FOREST	NC	
41	210	JON	ARMSTRONG	3:51:23	11:34	M	49	RALEIGH	NC	Runnerpeeps
42	396	MARK	SCHUELER	3:51:58	11:36	M	37	DURHAM	NC	Bull City Track Club
43	420	PATRICIA	TIERNAN	3:52:57	11:39	F	43	CARY	NC	
44	309	DON	KINDRACHUK	3:53:16	11:40	M	51	RALEIGH	NC	
45	406	JAY	SPADIE	3:53:29	11:40	M	46	RALEIGH	NC	
46	298	CHRISTIAN	INFINITO	3:54:13	11:43	M	46	DURHAM	NC	
47	227	MIKE	BUCCI	3:54:38	11:44	M	48	APEX	NC	
48	334	RYAN	MCANELLY	3:55:14	11:46	M	33	CONCORD	NC	
49	419	GLENN	THORP	3:55:57	11:48	M	27	FAYETTEVILLE	NC	

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
50	303	THOMAS	JOHNSTON	3:55:57	11:48	M	32	CHAPEL HILL	NC	
51	390	SCOTT	SALGER	3:56:40	11:50	M	39	RALEIGH	NC	
52	349	LAYNA	MOSLEY	3:56:46	11:50	F	45	CHAPEL HILL	NC	Trailheads
53	219	CHRISTOPHER	BOYCE	3:56:52	11:51	M	42	DURHAM	NC	Carolina Godiva Track Club
54	285	DAVE	HEILIG	3:57:33	11:53	M	49	RALEIGH	NC	Wampus Kat
55	338	ED	MCKEOWN	3:58:09	11:54	M	47	ROANOKE	VA	
56	427	BECKY	TRUMBULL	3:58:17	11:55	F	56	DURHAM	NC	
57	248	KELLIE	DAVIS	3:59:05	11:57	F	42	RALEIGH	NC	Runnerpeeps
58	223	SCOTT	BREDENBERG	4:00:03	12:00	M	44	PITTSBORO	NC	
59	382	JONATHAN	RIFKIN	4:00:47	12:02	M	31	GREENSBORO	NC	
60	305	SCOTT	KAUFFMAN	4:00:59	12:03	M	49	ASHEBORO	NC	Randolph Road Runners
61	290	CHRISTIAN	HINTON	4:01:28	12:04	M	29	CHAPEL HILL	NC	
62	295	KAYLA	HOLDER	4:01:44	12:05	F	19	RALEIGH	NC	
63	449	JOE	ZACHER	4:01:48	12:05	M	48	RALEIGH	NC	
64	267	WENDELL	GILLAND	4:01:57	12:06	M	52	CHAPEL HILL	NC	Trailheads
65	432	JEFF	WALD	4:04:13	12:13	M	50	CARY	NC	Raleigh Trail Runners
66	216	MASON	BEAUMONT	4:04:22	12:13	M	39	HUNTERSVILLE	NC	Mudder Brudders
67	366	BRAD	PETERSEN	4:04:23	12:13	M	52	HUNTERSVILLE	NC	
68	326	MATTHEW	MACKINNON	4:04:56	12:15	M	44	CHAPEL HILL	NC	Trailheads
69	213	WES	BALMER	4:05:49	12:17	M	47	FAYETTEVILLE	NC	
70	410	DAN	STAFFORD	4:06:38	12:20	M	42	APEX	NC	
71	250	STEVE	DOCK	4:06:41	12:20	M	44	DURHAM	NC	
72	330	JASON	MARGUERAT	4:07:14	12:22	M	45	WAKE FOREST	NC	
73	315	ERIK	KRISTIANSEN	4:07:27	12:22	M	39	CHAPEL HILL	NC	Trailheads
74	253	JOHN	DRIBUS	4:08:40	12:26	M	39	WAKE FOREST	NC	
75	323	BRAD	LOWER	4:09:14	12:28	M	50	RICHMOND	VA	
76	310	JASON	KING	4:09:36	12:29	M	34	PIKEVILLE	NC	
77	375	BLAKE	RAHN	4:09:42	12:29	M	45	CHAPEL HILL	NC	
78	439	NATHAN	WHEATLEY	4:10:19	12:31	M	46	HUNTERSVILLE	NC	Mudder Brudders
79	385	JOHN	ROONEY	4:10:31	12:32	M	35	DURHAM	NC	
80	394	EMILY	SCHEURING	4:10:43	12:32	F	30	DURHAM	NC	Bull City Track Club
81	288	ANNA	HENRY	4:11:11	12:34	F	28	RALEIGH	NC	Bull City Track Club
82	232	JOHN	CAULWAY	4:12:57	12:39	M	44	WAKE FOREST	NC	
83	226	MIKE	BROOME	4:14:40	12:44	M	47	DURHAM	NC	Trailheads
84	218	SCOTT	BODIEN	4:15:03	12:45	M	41	CHARLOTTE	NC	
85	416	BOB	SWEET	4:15:04	12:45	M	41	RALEIGH	NC	Runnerpeeps
86	333	KELSY	MCANELLY	4:15:15	12:46	F	25	WEST CHESTER	PA	
87	379	MCCORD	RAYBURN	4:15:31	12:47	M	33	CHARLOTTE	NC	
88	263	BETSY	FORD	4:15:34	12:47	F	37	RALEIGH	NC	Runnerpeeps
89	433	MICHAEL	WALSH	4:16:01	12:48	M	49	CARY	NC	Trailheads
90	292	MATT	HOBBS	4:16:41	12:50	M	33	RALEIGH	NC	
91	268	BEN	GOFF	4:17:03	12:51	M	37	CONCORD	NC	
92	451	CLIFF	SIMPSON	4:18:58	12:57	M	49	CHAPEL HILL	NC	Trailheads
93	392	COURTNEY	SAUNDERS	4:19:03	12:57	F	22	RALEIGH	NC	
94	299	MARCO	IZZI	4:19:26	12:58	M	54	RALEIGH	NC	
95	255	BOB	DURONIO	4:19:31	12:58	M	52	CHAPEL HILL	NC	
96	391	SCOTT	SANOFF	4:19:38	12:59	M	44	CHAPEL HILL	NC	Frijoles Locos
97	249	ROBERT	DEROSSET	4:19:45	12:59	M	47	RALEIGH	NC	
98	262	JONATHAN	FERRY	4:20:23	13:01	M	45	CHARLOTTE	NC	
99	350	KAYLA	NGAN	4:21:09	13:03	F	23	DURHAM	NC	
100	261	JEFF	FERRISS	4:22:21	13:07	M	42	CHARLOTTE	NC	
101	357	STEPHEN	ORTON	4:22:33	13:08	M	54	CHAPEL HILL	NC	
102	381	CAROLYN	RIFKIN	4:24:44	13:14	F	29	GREENSBORO	NC	
103	363	ROB	PENGELLY	4:25:08	13:15	M	39	HURDLE MILLS	NC	
104	423	SHAUN	TOOLEY	4:26:30	13:19	M	38	FORT MILL	SC	
105	344	TAMU	MILLER	4:26:51	13:21	M	42	CARY	NC	

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106	352	LAURIE	O'CONNOR	4:29:01	13:27	F	59	WAKE FOREST	NC	
107	273	JULIE	HAIGHT	4:29:09	13:27	F	48	CARY	NC	
108	208	KEVIN	ANDERSON	4:30:45	13:32	M	33	BALTIMORE	MD	
109	402	JOSH	SMITH	4:30:47	13:32	M	34	GOLDSBORO	NC	
110	269	JOSHUA	GREDVIG	4:30:48	13:32	M	34	DURHAM	NC	
111	378	COWDEN	RAYBURN	4:33:00	13:39	M	28	CHARLOTTE	NC	
112	225	RICKIE	BRITTAIN	4:33:22	13:40	M	63	OAK RIDGE	NC	
113	342	KEVAN	MILLER	4:33:23	13:40	M	57	REDWOOD CITY	CA	
114	407	NATHAN	SPELL	4:33:23	13:40	M	53	DECATUR	GA	
115	239	DOUGLAS	COMBS	4:34:15	13:43	M	43	CHARLOTTE	NC	
116	203	ANDY	ALDRIDGE	4:34:56	13:45	M	40	CHARLOTTE	NC	
117	374	ROBERT	RACINE	4:35:06	13:45	M	42	GREENVILLE	NC	
118	278	KEAN	HANKINS	4:35:41	13:47	M	51	CHAPEL HILL	NC	Trailheads
119	231	TIM	CARROLL	4:36:16	13:49	M	40	RALEIGH	NC	
120	359	DONNA	PARKER	4:36:48	13:50	F	50	CHAPEL HILL	NC	
121	360	JON	PARKER	4:36:49	13:50	M	50	CHAPEL HILL	NC	
122	204	MINDY	ALEXANDER	4:38:22	13:55	F	42	CANDLER	NC	
123	319	DAVE	LEWIS	4:39:04	13:57	M	49	RALEIGH	NC	
124	211	DAVID	AYRES	4:39:28	13:58	M	45	CHARLOTTE	NC	
125	277	OSKAR	HANBERG	4:40:08	14:00	M	56	DURHAM	NC	
126	318	BRYAN	LEONARD	4:40:49	14:02	M	42	THOMASVILLE	NC	
127	289	MARY	HEUSER	4:41:00	14:03	F	32	CHARLOTTE	NC	
128	234	ERNIE	CHILCOTT	4:43:39	14:11	M	44	DURHAM	NC	
129	400	GARRETT	SMITH	4:44:20	14:13	M	36	CHARLOTTE	NC	
130	215	SCOTT	BARKER	4:46:19	14:19	M	43	WINTERVILLE	NC	
131	276	RICHARD	HAMMETT	4:46:19	14:19	M	59	STANFIELD	NC	
132	426	KEVIN	TRIMBLE	4:48:17	14:25	M	53	FORT BRAGG	NC	
133	236	WALT	COLEMAN	4:48:27	14:25	M	47	CHARLOTTE	NC	
134	206	NATALIE	AMES	4:49:02	14:27	F	48	CHAPEL HILL	NC	
135	207	WARWICK	AMES	4:49:03	14:27	M	48	CHAPEL HILL	NC	Trailheads
136	339	LISA	MEADOWS	4:50:43	14:32	F	44	RALEIGH	NC	Runnerpeeps
137	345	DANIEL	MITCHELL	4:51:08	14:33	M	42	PIKEVILLE	NC	
138	421	BEN	TIGNOR	4:52:16	14:37	M	15	CHAPEL HILL	NC	
139	422	JIM	TIGNOR	4:52:16	14:37	M	50	CHAPEL HILL	NC	
140	389	TJ	RYDZEWSKI	4:52:30	14:38	M	43	HOLLY SPRINGS	NC	
141	388	JULIE	RYDZEWSKI	4:52:31	14:38	F	41	HOLLY SPRINGS	NC	
142	201	DOUGLAS	ALBRECHT	4:53:27	14:40	M	31	HILLSBOROUGH	NC	Trailheads
143	275	DAVID	HAMILTON	4:55:13	14:46	M	46	RALEIGH	NC	
144	405	JENNIFER	HUTTER SOLLOD	4:56:30	14:49	F	48	RALEIGH	NC	
145	393	ANDI	SAWIN	4:56:36	14:50	F	42	BASKING RIDGE	NJ	
146	217	SUSAN	BLUMENTHAL	4:56:36	14:50	F	41	CARYCARY	NC	Running Ninjas
147	387	GREG	RUNYON	5:00:30	15:02	M	59	CEDAR GROVE	NC	
148	340	JULIE	MESSINA	5:00:37	15:02	F	39	DURHAM	NC	Carolina Godiva Track Club
149	351	CHAD	NUSSMAN	5:01:16	15:04	M	38	CHARLOTTE	NC	
150	265	PATRICK	FOWLER	5:03:40	15:11	M	52	CHARLOTTE	NC	
151	296	JANNA	HOWARD	5:05:21	15:16	F	27	CHAPEL HILL	NC	
152	325	SCOTT	LYNCH	5:05:34	15:17	M	48	DURHAM	NC	
153	397	JON	SEGERSTROM	5:05:36	15:17	M	54	CARY	NC	
154	233	NEIL	CHANEY	5:05:38	15:17	M	36	BURLINGTON	NC	
155	200	SHERRY	ADAMS	5:06:02	15:18	F	48	SALISBURY	NC	
156	376	HEIKO	RATH	5:10:41	15:32	M	47	DURHAM	NC	Carolina Godiva Track Club
157	282	RUTHIE	HAUGH	5:11:21	15:34	F	45	CARY	NC	
158	280	LINDA	HASTINGS	5:11:22	15:34	F	54	CARY	NC	
159	237	JONATHAN	COLLINS	5:11:24	15:34	M	47	PINEHURST	NC	
160	425	ELIZABETH ET	TOWE	5:11:27	15:34	F	50	CARRBORO	NC	Trailheads
161	329	ANNE	MANDEVILLE-LONG	5:11:29	15:34	F	57	CHAPEL HILL	NC	

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162	322	ROBERT	LONG	5:11:29	15:34	M	65	CHAPEL HILL	NC	
163	245	ROSEMARY	CORBETT	5:11:45	15:35	F	53	GREENSBORO	NC	
164	297	CHRISTI	HURT	5:13:05	15:39	F	45	CHAPEL HILL	NC	
165	450	GEOFF	SCOTT	5:14:04	15:42	M	68	CHAPEL HILL	NC	Trailheads
166	370	NICK	PISCATELLI	5:15:32	15:47	M	28	RALEIGH	NC	
167	251	LEE	DOSTER-WARD	5:16:16	15:49	F	55	GASTONIA	NC	
168	202	KATE	ALBRECHT	5:20:58	16:03	F	33	HILLSBOROUGH	NC	Trailheads
169	243	HEATHER	COOPER	5:25:48	16:17	F	43	DURHAM	NC	
170	214	BEN	BARKER	5:27:37	16:23	M	47	DURHAM	NC	
171	365	JENNIFER	PERKINS	5:29:06	16:27	F	37	GOLDSBORO	NC	
172	373	JENNIFER	PRICE	5:29:07	16:27	F	34	GREENVILLE	NC	
173	353	AMBER	OAKES	5:29:09	16:27	F	29	FARMVILLE	NC	Married PhOakes
174	369	REBECCA	PHILLIPS	5:29:17	16:28	F	35	FARMVILLE	NC	Married PhOakes
175	347	NANCY	MORGRIDGE	5:35:25	16:46	F	53	DURHAM	NC	
176	399	AMINA	SHADE	5:35:26	16:46	F	34	WILMINGTON	NC	
177	316	MICHAEL	LACHARITE	5:37:37	16:53	M	59	DURHAM	NC	
178	413	JON	STEWART	5:37:39	16:53	M	51	GREENSBORO	NC	
179	434	MIKE	WARD	5:38:02	16:54	M	57	GASTONIA	NC	
180	364	MO	PERCY	5:38:41	16:56	F	55	CARY	NC	
181	417	ERIC	TART	5:39:14	16:58	M	40	FOUR OAKS	NC	
182	220	JENNY	BOYCE	5:39:55	16:59	F	43	DURHAM	NC	Carolina Godiva Track Club
183	335	RYAN	MCCARTY	5:39:56	16:59	M	42	DURHAM	NC	
184	308	DIANE	KELLY	5:40:24	17:01	F	65	WILMINGTON	NC	
185	230	JP	CARLIN	5:41:00	17:03	M	34	CARY	NC	
186	380	JIM	RIEK	5:42:09	17:06	M	52	CARRBORO	NC	Trailheads
187	346	PRESTON	MITCHELL	5:43:15	17:10	M	53	RALEIGH	NC	Powerhouse Athletics
188	272	JACQUELINE	GRONWALD	5:43:47	17:11	F	34	GREENSBORO	NC	
189	343	MARILYN	MILLER	5:44:39	17:14	F	48	CHARLOTTE	NC	
190	341	JAMES	MILLER	5:44:47	17:14	M	48	CHARLOTTE	NC	
191	311	JUSTIN	KIRILO	5:45:44	17:17	M	34	DURHAM	NC	
192	403	LAURA	SMITH	5:47:09	17:21	F	54	LILLINGTON	NC	
193	235	KEVIN	COLEMAN	5:50:23	17:31	M	44	RALEIGH	NC	
194	337	MARCUS	MCGEE	5:54:56	17:45	M	43	CHARLOTTE	NC	
195	386	ADRIENNE	ROOT	6:18:22	18:55	F	46	APEX	NC	
196	442	LILLIAN	WILLTER	6:40:52	20:03	F	47	GREENVILLE	NC	

Women's 20-Mile Run Results

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	281	LINDA	HATFIELD	3:26:54	10:21	F	48	APEX	NC	Life Time Run
2	438	LIA	WEINER	3:29:26	10:28	F	27	CHAPEL HILL	NC	
3	306	LAURA	KEELEY	3:34:57	10:45	F	27	NEW YORK	NY	
4	332	SARA	MARTIN	3:38:51	10:57	F	35	ROANOKE	VA	YAY US
5	287	KATIE	HENDERSON	3:41:32	11:05	F	29	DURHAM	NC	Bull City Track Club
6	301	STEPH	JEFFRIES	3:46:57	11:21	F	45	RALEIGH	NC	Runnerpeeps
7	420	PATRICIA	TIERNAN	3:52:57	11:39	F	43	CARY	NC	
8	349	LAYNA	MOSLEY	3:56:46	11:50	F	45	CHAPEL HILL	NC	Trailheads
9	427	BECKY	TRUMBULL	3:58:17	11:55	F	56	DURHAM	NC	
10	248	KELLIE	DAVIS	3:59:05	11:57	F	42	RALEIGH	NC	Runnerpeeps
11	295	KAYLA	HOLDER	4:01:44	12:05	F	19	RALEIGH	NC	
12	394	EMILY	SCHEURING	4:10:43	12:32	F	30	DURHAM	NC	Bull City Track Club
13	288	ANNA	HENRY	4:11:11	12:34	F	28	RALEIGH	NC	Bull City Track Club
14	333	KELSY	MCANELLY	4:15:15	12:46	F	25	WEST CHESTER	PA	
15	263	BETSY	FORD	4:15:34	12:47	F	37	RALEIGH	NC	Runnerpeeps
16	392	COURTNEY	SAUNDERS	4:19:03	12:57	F	22	RALEIGH	NC	
17	350	KAYLA	NGAN	4:21:09	13:03	F	23	DURHAM	NC	
18	381	CAROLYN	RIFKIN	4:24:44	13:14	F	29	GREENSBORO	NC	
19	352	LAURIE	O'CONNOR	4:29:01	13:27	F	59	WAKE FOREST	NC	

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20	273	JULIE	HAIGHT	4:29:09	13:27	F	48	CARY	NC	
21	359	DONNA	PARKER	4:36:48	13:50	F	50	CHAPEL HILL	NC	
22	204	MINDY	ALEXANDER	4:38:22	13:55	F	42	CANDLER	NC	
23	289	MARY	HEUSER	4:41:00	14:03	F	32	CHARLOTTE	NC	
24	206	NATALIE	AMES	4:49:02	14:27	F	48	CHAPEL HILL	NC	
25	339	LISA	MEADOWS	4:50:43	14:32	F	44	RALEIGH	NC	Runnerpeeps
26	388	JULIE	RYDZEWSKI	4:52:31	14:38	F	41	HOLLY SPRINGS	NC	
27	405	JENNIFER	HUTTER SOLLOD	4:56:30	14:49	F	48	RALEIGH	NC	
28	393	ANDI	SAWIN	4:56:36	14:50	F	42	BASKING RIDGE	NJ	
29	217	SUSAN	BLUMENTHAL	4:56:36	14:50	F	41	CARYCARY	NC	Running Ninjas
30	340	JULIE	MESSINA	5:00:37	15:02	F	39	DURHAM	NC	Carolina Godiva Track Club
31	296	JANNA	HOWARD	5:05:21	15:16	F	27	CHAPEL HILL	NC	
32	200	SHERRY	ADAMS	5:06:02	15:18	F	48	SALISBURY	NC	
33	282	RUTHIE	HAUGH	5:11:21	15:34	F	45	CARY	NC	
34	280	LINDA	HASTINGS	5:11:22	15:34	F	54	CARY	NC	
35	425	ELIZABETH ET	TOWE	5:11:27	15:34	F	50	CARRBORO	NC	Trailheads
36	329	ANNE	MANDEVILLE-LONG	5:11:29	15:34	F	57	CHAPEL HILL	NC	
37	245	ROSEMARY	CORBETT	5:11:45	15:35	F	53	GREENSBORO	NC	
38	297	CHRISTI	HURT	5:13:05	15:39	F	45	CHAPEL HILL	NC	
39	251	LEE	DOSTER-WARD	5:16:16	15:49	F	55	GASTONIA	NC	
40	202	KATE	ALBRECHT	5:20:58	16:03	F	33	HILLSBOROUGH	NC	Trailheads
41	243	HEATHER	COOPER	5:25:48	16:17	F	43	DURHAM	NC	
42	365	JENNIFER	PERKINS	5:29:06	16:27	F	37	GOLDSBORO	NC	
43	373	JENNIFER	PRICE	5:29:07	16:27	F	34	GREENVILLE	NC	
44	353	AMBER	OAKES	5:29:09	16:27	F	29	FARMVILLE	NC	Married PhOakes
45	369	REBECCA	PHILLIPS	5:29:17	16:28	F	35	FARMVILLE	NC	Married PhOakes
46	347	NANCY	MORGRIDGE	5:35:25	16:46	F	53	DURHAM	NC	
47	399	AMINA	SHADE	5:35:26	16:46	F	34	WILMINGTON	NC	
48	364	MO	PERCY	5:38:41	16:56	F	55	CARY	NC	
49	220	JENNY	BOYCE	5:39:55	16:59	F	43	DURHAM	NC	Carolina Godiva Track Club
50	308	DIANE	KELLY	5:40:24	17:01	F	65	WILMINGTON	NC	
51	272	JACQUELINE	GRONWALD	5:43:47	17:11	F	34	GREENSBORO	NC	
52	343	MARILYN	MILLER	5:44:39	17:14	F	48	CHARLOTTE	NC	
53	403	LAURA	SMITH	5:47:09	17:21	F	54	LILLINGTON	NC	
54	386	ADRIENNE	ROOT	6:18:22	18:55	F	46	APEX	NC	
55	442	LILLIAN	WILLTER	6:40:52	20:03	F	47	GREENVILLE	NC	

Men's 20-Mile Run Results

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	241	GAVIN	COOMBS	2:26:37	7:20	M	31	RALEIGH	NC	Runologie
2	264	BEN	FOSTER	2:51:22	8:34	M	28	WILMINGTON	NC	Bull City Track Club
3	221	JOHN	BOYDSTON	2:52:06	8:36	M	35	CONCORD	NC	
4	395	ED	SCHLICHTER	3:02:05	9:06	M	34	DAVIDSON	NC	Altra
5	412	TYLE	STELZIG	3:10:56	9:33	M	28	CHAPEL HILL	NC	
6	383	GRAY	RILEY	3:12:33	9:38	M	38	HARRISBURG	NC	
7	314	ROBERT	KOCH	3:15:08	9:45	M	34	CHARLOTTE	NC	
8	252	DAVID	DRENZEK	3:20:08	10:00	M	42	RALEIGH	NC	
9	271	KYLE	GRODE	3:22:13	10:07	M	31	CARRBORO	NC	
10	307	MIKE	KELLEY	3:24:14	10:13	M	57	CHAPEL HILL	NC	Trailheads
11	286	BRIAN	HELFRICH	3:26:21	10:19	M	31	DAVIDSON	NC	
12	404	TYLER	SMITH	3:28:00	10:24	M	35	CHAPEL HILL	NC	Trailheads
13	367	MILES	PFEIFER	3:29:21	10:28	M	49	HILLSBOROUGH	NC	
14	244	LOGAN	CORBETT	3:30:50	10:32	M	30	CHARLOTTE	NC	Mudder Brudders
15	270	JOHN	GRIMES	3:31:50	10:35	M	50	RALEIGH	NC	Mangum Track Club
16	368	MATTHEW	PHELAN	3:33:13	10:40	M	28	DURHAM	NC	
17	372	BRIAN	POVISH	3:36:38	10:50	M	42	WEST END	NC	
18	328	STEVE	MAJOR	3:38:49	10:56	M	34	RALEIGH	NC	

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
19	327	AARON	MAJOR	3:38:54	10:57	M	38	PATTERSONVILLE	NY	
20	274	JEFF	HALL	3:39:46	10:59	M	52	RALEIGH	NC	Carolina Godiva Track Club
21	240	CHARLES	COOK	3:41:01	11:03	M	47	CHAPEL HILL	NC	
22	254	JOSEPH	DROMMER	3:42:52	11:09	M	46	DURHAM	NC	
23	356	MATT	OLSON	3:44:48	11:14	M	41	EFLAND	NC	
24	259	MICHAEL	FALVO	3:44:59	11:15	M	47	DURHAM	NC	
25	321	DANIEL	LILLEY	3:45:12	11:16	M	43	BAHAMA	NC	
26	294	KEVIN	HOFF	3:45:55	11:18	M	47	DURHAM	NC	
27	257	RYAN	EMERICK	3:47:11	11:21	M	42	CHARLOTTE	NC	Dirt Bros.
28	279	LEE	HARDEE	3:47:14	11:22	M	38	CHARLOTTE	NC	
29	320	WES	LEWIS	3:47:32	11:23	M	33	RALEIGH	NC	
30	448	SCOTT	YELTON	3:49:13	11:28	M	50	RALEIGH	NC	Runnerpeeps
31	291	STEVE	HITZEMANN	3:49:45	11:29	M	41	CHARLOTTE	NC	
32	222	MIKE	BREDENBERG	3:50:08	11:30	M	48	RALEIGH	NC	Wampus Kat
33	229	NEAL	CAREN	3:50:42	11:32	M	43	CHAPEL HILL	NC	
34	415	FORREST	STROUD	3:50:58	11:33	M	42	WAKE FOREST	NC	
35	210	JON	ARMSTRONG	3:51:23	11:34	M	49	RALEIGH	NC	Runnerpeeps
36	396	MARK	SCHUELER	3:51:58	11:36	M	37	DURHAM	NC	Bull City Track Club
37	309	DON	KINDRACHUK	3:53:16	11:40	M	51	RALEIGH	NC	
38	406	JAY	SPADIE	3:53:29	11:40	M	46	RALEIGH	NC	
39	298	CHRISTIAN	INFINITO	3:54:13	11:43	M	46	DURHAM	NC	
40	227	MIKE	BUCCI	3:54:38	11:44	M	48	APEX	NC	
41	334	RYAN	MCANELLY	3:55:14	11:46	M	33	CONCORD	NC	
42	419	GLENN	THORP	3:55:57	11:48	M	27	FAYETTEVILLE	NC	
43	303	THOMAS	JOHNSTON	3:55:57	11:48	M	32	CHAPEL HILL	NC	
44	390	SCOTT	SALGER	3:56:40	11:50	M	39	RALEIGH	NC	
45	219	CHRISTOPHER	BOYCE	3:56:52	11:51	M	42	DURHAM	NC	Carolina Godiva Track Club
46	285	DAVE	HEILIG	3:57:33	11:53	M	49	RALEIGH	NC	Wampus Kat
47	338	ED	MCKEOWN	3:58:09	11:54	M	47	ROANOKE	VA	
48	223	SCOTT	BREDENBERG	4:00:03	12:00	M	44	PITTSBORO	NC	
49	382	JONATHAN	RIFKIN	4:00:47	12:02	M	31	GREENSBORO	NC	
50	305	SCOTT	KAUFFMAN	4:00:59	12:03	M	49	ASHEBORO	NC	Randolph Road Runners
51	290	CHRISTIAN	HINTON	4:01:28	12:04	M	29	CHAPEL HILL	NC	
52	449	JOE	ZACHER	4:01:48	12:05	M	48	RALEIGH	NC	
53	267	WENDELL	GILLAND	4:01:57	12:06	M	52	CHAPEL HILL	NC	Trailheads
54	432	JEFF	WALD	4:04:13	12:13	M	50	CARY	NC	Raleigh Trail Runners
55	216	MASON	BEAUMONT	4:04:22	12:13	M	39	HUNTERSVILLE	NC	Mudder Brudders
56	366	BRAD	PETERSEN	4:04:23	12:13	M	52	HUNTERSVILLE	NC	
57	326	MATTHEW	MACKINNON	4:04:56	12:15	M	44	CHAPEL HILL	NC	Trailheads
58	213	WES	BALMER	4:05:49	12:17	M	47	FAYETTEVILLE	NC	
59	410	DAN	STAFFORD	4:06:38	12:20	M	42	APEX	NC	
60	250	STEVE	DOCK	4:06:41	12:20	M	44	DURHAM	NC	
61	330	JASON	MARGUERAT	4:07:14	12:22	M	45	WAKE FOREST	NC	
62	315	ERIK	KRISTIANSEN	4:07:27	12:22	M	39	CHAPEL HILL	NC	Trailheads
63	253	JOHN	DRIBUS	4:08:40	12:26	M	39	WAKE FOREST	NC	
64	323	BRAD	LOWER	4:09:14	12:28	M	50	RICHMOND	VA	
65	310	JASON	KING	4:09:36	12:29	M	34	PIKEVILLE	NC	
66	375	BLAKE	RAHN	4:09:42	12:29	M	45	CHAPEL HILL	NC	
67	439	NATHAN	WHEATLEY	4:10:19	12:31	M	46	HUNTERSVILLE	NC	Mudder Brudders
68	385	JOHN	ROONEY	4:10:31	12:32	M	35	DURHAM	NC	
69	232	JOHN	CAULWAY	4:12:57	12:39	M	44	WAKE FOREST	NC	
70	226	MIKE	BROOME	4:14:40	12:44	M	47	DURHAM	NC	Trailheads
71	218	SCOTT	BODIEN	4:15:03	12:45	M	41	CHARLOTTE	NC	
72	416	BOB	SWEET	4:15:04	12:45	M	41	RALEIGH	NC	Runnerpeeps
73	379	MCCORD	RAYBURN	4:15:31	12:47	M	33	CHARLOTTE	NC	
74	433	MICHAEL	WALSH	4:16:01	12:48	M	49	CARY	NC	Trailheads

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
75	292	MATT	HOBBS	4:16:41	12:50	M	33	RALEIGH	NC	
76	268	BEN	GOFF	4:17:03	12:51	M	37	CONCORD	NC	
77	451	CLIFF	SIMPSON	4:18:58	12:57	M	49	CHAPEL HILL	NC	Trailheads
78	299	MARCO	IZZI	4:19:26	12:58	M	54	RALEIGH	NC	
79	255	BOB	DURONIO	4:19:31	12:58	M	52	CHAPEL HILL	NC	
80	391	SCOTT	SANOFF	4:19:38	12:59	M	44	CHAPEL HILL	NC	Frijoles Locos
81	249	ROBERT	DEROSSET	4:19:45	12:59	M	47	RALEIGH	NC	
82	262	JONATHAN	FERRY	4:20:23	13:01	M	45	CHARLOTTE	NC	
83	261	JEFF	FERRISS	4:22:21	13:07	M	42	CHARLOTTE	NC	
84	357	STEPHEN	ORTON	4:22:33	13:08	M	54	CHAPEL HILL	NC	
85	363	ROB	PENGELLY	4:25:08	13:15	M	39	HURDLE MILLS	NC	
86	423	SHAUN	TOOLEY	4:26:30	13:19	M	38	FORT MILL	SC	
87	344	TAMU	MILLER	4:26:51	13:21	M	42	CARY	NC	
88	208	KEVIN	ANDERSON	4:30:45	13:32	M	33	BALTIMORE	MD	
89	402	JOSH	SMITH	4:30:47	13:32	M	34	GOLDSBORO	NC	
90	269	JOSHUA	GREDVIG	4:30:48	13:32	M	34	DURHAM	NC	
91	378	COWDEN	RAYBURN	4:33:00	13:39	M	28	CHARLOTTE	NC	
92	225	RICKIE	BRITAIN	4:33:22	13:40	M	63	OAK RIDGE	NC	
93	342	KEVAN	MILLER	4:33:23	13:40	M	57	REDWOOD CITY	CA	
94	407	NATHAN	SPELL	4:33:23	13:40	M	53	DECATUR	GA	
95	239	DOUGLAS	COMBS	4:34:15	13:43	M	43	CHARLOTTE	NC	
96	203	ANDY	ALDRIDGE	4:34:56	13:45	M	40	CHARLOTTE	NC	
97	374	ROBERT	RACINE	4:35:06	13:45	M	42	GREENVILLE	NC	
98	278	KEAN	HANKINS	4:35:41	13:47	M	51	CHAPEL HILL	NC	Trailheads
99	231	TIM	CARROLL	4:36:16	13:49	M	40	RALEIGH	NC	
100	360	JON	PARKER	4:36:49	13:50	M	50	CHAPEL HILL	NC	
101	319	DAVE	LEWIS	4:39:04	13:57	M	49	RALEIGH	NC	
102	211	DAVID	AYRES	4:39:28	13:58	M	45	CHARLOTTE	NC	
103	277	OSKAR	HANBERG	4:40:08	14:00	M	56	DURHAM	NC	
104	318	BRYAN	LEONARD	4:40:49	14:02	M	42	THOMASVILLE	NC	
105	234	ERNIE	CHILCOTT	4:43:39	14:11	M	44	DURHAM	NC	
106	400	GARRETT	SMITH	4:44:20	14:13	M	36	CHARLOTTE	NC	
107	215	SCOTT	BARKER	4:46:19	14:19	M	43	WINTERVILLE	NC	
108	276	RICHARD	HAMMETT	4:46:19	14:19	M	59	STANFIELD	NC	
109	426	KEVIN	TRIMBLE	4:48:17	14:25	M	53	FORT BRAGG	NC	
110	236	WALT	COLEMAN	4:48:27	14:25	M	47	CHARLOTTE	NC	
111	207	WARWICK	AMES	4:49:03	14:27	M	48	CHAPEL HILL	NC	Trailheads
112	345	DANIEL	MITCHELL	4:51:08	14:33	M	42	PIKEVILLE	NC	
113	421	BEN	TIGNOR	4:52:16	14:37	M	15	CHAPEL HILL	NC	
114	422	JIM	TIGNOR	4:52:16	14:37	M	50	CHAPEL HILL	NC	
115	389	TJ	RYDZEWSKI	4:52:30	14:38	M	43	HOLLY SPRINGS	NC	
116	201	DOUGLAS	ALBRECHT	4:53:27	14:40	M	31	HILLSBOROUGH	NC	Trailheads
117	275	DAVID	HAMILTON	4:55:13	14:46	M	46	RALEIGH	NC	
118	387	GREG	RUNYON	5:00:30	15:02	M	59	CEDAR GROVE	NC	
119	351	CHAD	NUSSMAN	5:01:16	15:04	M	38	CHARLOTTE	NC	
120	265	PATRICK	FOWLER	5:03:40	15:11	M	52	CHARLOTTE	NC	
121	325	SCOTT	LYNCH	5:05:34	15:17	M	48	DURHAM	NC	
122	397	JON	SEGERSTROM	5:05:36	15:17	M	54	CARY	NC	
123	233	NEIL	CHANEY	5:05:38	15:17	M	36	BURLINGTON	NC	
124	376	HEIKO	RATH	5:10:41	15:32	M	47	DURHAM	NC	Carolina Godiva Track Club
125	237	JONATHAN	COLLINS	5:11:24	15:34	M	47	PINEHURST	NC	
126	322	ROBERT	LONG	5:11:29	15:34	M	65	CHAPEL HILL	NC	
127	450	GEOFF	SCOTT	5:14:04	15:42	M	68	CHAPEL HILL	NC	Trailheads
128	370	NICK	PISCATELLI	5:15:32	15:47	M	28	RALEIGH	NC	
129	214	BEN	BARKER	5:27:37	16:23	M	47	DURHAM	NC	
130	316	MICHAEL	LACHARITE	5:37:37	16:53	M	59	DURHAM	NC	

Position	Bib #	First Name	Last Name	FINISH	Pace	Gender	Age	City	State	Team Name
131	413	JON	STEWART	5:37:39	16:53	M	51	GREENSBORO	NC	
132	434	MIKE	WARD	5:38:02	16:54	M	57	GASTONIA	NC	
133	417	ERIC	TART	5:39:14	16:58	M	40	FOUR OAKS	NC	
134	335	RYAN	MCCARTY	5:39:56	16:59	M	42	DURHAM	NC	
135	230	JP	CARLIN	5:41:00	17:03	M	34	CARY	NC	
136	380	JIM	RIEK	5:42:09	17:06	M	52	CARRBORO	NC	Trailheads
137	346	PRESTON	MITCHELL	5:43:15	17:10	M	53	RALEIGH	NC	Powerhouse Athletics
138	341	JAMES	MILLER	5:44:47	17:14	M	48	CHARLOTTE	NC	
139	311	JUSTIN	KIRILO	5:45:44	17:17	M	34	DURHAM	NC	
140	235	KEVIN	COLEMAN	5:50:23	17:31	M	44	RALEIGH	NC	
141	337	MARCUS	MCGEE	5:54:56	17:45	M	43	CHARLOTTE	NC	