



2016 20-Mile Run Overall Results

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	271	ERIK	JOHNSON	2:48:48	8:26	39	M	SEWARD	AK	Bull City Track Club
2	437	LORRAINE	YOUNG	2:59:56	8:59	42	F	RALEIGH	NC	
3	233	JOHN	BOYDSTON	3:01:41	9:05	34	M	CONCORD	NC	
4	428	ANNE	WHEATLY	3:06:02	9:18	30	F	ASHEVILLE	NC	Wild By Nature
5	400	TYLE	STELZIG	3:09:04	9:27	27	M	CHAPEL HILL	NC	
6	220	MIKE	BEAMAN	3:10:27	9:31	49	M	CARY	NC	IOSTC
7	245	ERNEST	CARROLL	3:11:01	9:33	50	M	ASHEBORO	NC	
8	288	JEFF	HALL	3:19:37	9:59	51	M	RALEIGH	NC	Carolina Godiva Track Club
9	337	NATE	MCGIVERN	3:21:06	10:03	17	M	HUNTERSVILLE	NC	
10	332	JODY	MAXWELL	3:23:23	10:10	50	M	DURHAM	NC	Durham Public
11	366	MILES	PFEIFER	3:25:47	10:17	48	M	HILLSBOROUGH	NC	
12	284	JOHN	GRIMES	3:25:56	10:18	49	M	RALEIGH	NC	Mangum Track Club
13	315	JACOB	KELLY	3:26:12	10:19	35	M	DURHAM	NC	Bull City Track Club
14	436	JOEL	WRIGHT	3:26:44	10:20	43	M	CHAPEL HILL	NC	
15	314	MIKE	KELLEY	3:27:11	10:22	56	M	CHAPEL HILL	NC	
16	318	IV	KIMBERLY	3:27:28	10:22	47	M	CHAPEL HILL	NC	Trailheads
17	417	PETER	VANDEBERG	3:29:12	10:28	48	M	APEX	NC	Raleigh Trail Runners
18	304	TIMOTHY	HUDELSON	3:29:36	10:29	49	M	DURHAM	NC	
19	243	NEAL	CAREN	3:31:36	10:35	42	M	CHAPEL HILL	NC	
20	322	DANIEL	LILLEY	3:31:43	10:35	42	M	BAHAMA	NC	
21	299	MANDY	HIGDON	3:31:59	10:36	35	F	ASHEVILLE	NC	Wild By Nature
22	293	SHAWN	HARRIS	3:36:49	10:50	51	M	CARY	NC	Carolina Godiva Track Club
23	262	JOE	DROMMER	3:36:50	10:51	45	M	DURHAM	NC	Carolina Godiva Track Club
24	402	BRIAN	STULL	3:37:27	10:52	44	M	DURHAM	NC	Durham Public Tuna
25	260	DAVID	DRENZEK	3:38:14	10:55	41	M	RALEIGH	NC	
26	313	LAURA	KEELEY	3:39:14	10:58	26	F	DURHAM	NC	Bull City Track Club
27	274	CARLA	FROHLICH	3:40:46	11:02	37	F	RALEIGH	NC	
28	305	TYLER	HUSTRULID	3:41:19	11:04	34	M	WILMINGTON	NC	
29	363	STEPHEN	PERHAC	3:42:15	11:07	40	M	ASHEVILLE	NC	
30	246	CHAD	CATO	3:43:28	11:10	42	M	WILSON	NC	
31	362	ALANA	PAVUK	3:44:48	11:14	32	F	DURHAM	NC	TrailHeads
32	425	LIA	WEINER	3:46:33	11:20	26	F	CHAPEL HILL	NC	
33	202	MARK	ALDRICH	3:48:01	11:24	37	M	WILSON	NC	wilson beer runners
34	267	RYAN	EMERICK	3:48:37	11:26	41	M	CONCORD	NC	
35	336	SHANNEN	MCGINNIS	3:48:48	11:26	45	M	RALEIGH	NC	Road Kilt
36	296	DAVE	HEILIG	3:48:50	11:26	48	M	RALEIGH	NC	wampus Kat
37	209	PAULA	ANSTROM	3:49:20	11:28	43	F	PITTSBORO	NC	
38	255	MICHAEL	DARR	3:49:56	11:30	46	M	WILSON	NC	
39	351	ADAM	OAKLEY	3:50:12	11:31	29	M	HICKORY	NC	
40	211	MATTHEW	BADER	3:50:28	11:31	32	M	DURHAM	NC	
41	226	JOEL	BIBBY	3:50:56	11:33	35	M	HARRISBURG	NC	
42	339	ED	MCKEOWN	3:50:57	11:33	46	M	ROANOKE	VA	
43	205	BENJAMIN	AMSLER	3:51:03	11:33	29	M	DURHAM	NC	
44	377	PETER	REAVEY	3:51:48	11:35	47	M	CARY	NC	
45	342	JASON	MCMAINS	3:52:39	11:38	31	M	DURHAM	NC	
46	435	DAVID	WOODARD	3:53:27	11:40	51	M	RALEIGH	NC	
47	230	KATIE	BOWDEN	3:53:55	11:42	28	F	DURHAM	NC	
48	253	LOGAN	CORBETT	3:54:06	11:42	29	M	CHARLOTTE	NC	Mudder Brudders
49	279	GRETCHEN	GEHRKE	3:55:45	11:47	32	F	DURHAM	NC	
50	235	MIKE	BREDENBERG	3:57:25	11:52	47	M	RALEIGH	NC	
51	312	SCOTT	KAUFFMAN	3:57:54	11:54	48	M	ASHEBORO	NC	Randolph Road Runners
52	321	YANNI	LAMBROPOULOS	3:58:05	11:54	49	M	DURHAM	NC	
53	291	OSKAR	HANBERGS	3:58:22	11:55	55	M	DURHAM	NC	

54	327	MATTHEW	MACKINNON	3:58:57	11:57	43	M	CHAPEL HILL	NC	TrailHeads
55	214	WES	BALMER	3:59:48	11:59	46	M	FAYETTEVILLE	NC	
56	210	JONATHAN	ARMSTRONG	3:59:59	11:59	48	M	RALEIGH	NC	RunnerPeeps
57	410	GLENN	THORP	4:00:39	12:02	26	M	CHAPEL HILL	NC	
58	421	JEFF	WALD	4:02:29	12:07	49	M	CARY	NC	Raleigh Trail Runners
59	390	SHARON	SHOFER	4:02:38	12:08	46	F	CHAPEL HILL	NC	TrailHeads
60	311	THOMAS	JOHNSTON	4:02:51	12:09	31	M	CHAPEL HILL	NC	
61	439	DANIEL	HOLMES	4:02:52	12:09	34	M	GREENVILLE	NC	
62	248	SEAN	CHASTAIN	4:04:48	12:14	31	M	RALEIGH	NC	
63	236	SCOTT	BREDENBERG	4:05:14	12:16	43	M	PITTSBORO	NC	
64	247	AMY	CHAMBLESS	4:05:30	12:16	45	F	CARRBORO	NC	
65	369	CATHY	POFAHL	4:05:48	12:17	49	F	CARY	NC	
66	308	ILONA	JASPERS	4:06:18	12:19	47	F	CARRBORO	NC	
67	272	JASON	FOUREMAN	4:08:53	12:27	39	M	CHAPEL HILL	NC	Trailheads
68	424	KEVIN	WEEKS	4:09:13	12:28	52	M	CARRBORO	NC	
69	338	WYMAN	MCGUIRT	4:09:47	12:29	46	M	PINEHURST	NC	
70	357	JON	PARKER	4:09:56	12:30	49	M	CHAPEL HILL	NC	TrailHeads
71	231	CHRISTOPHER	BOYCE	4:11:20	12:34	41	M	DURHAM	NC	Carolina Godiva Track Club
72	423	CYNDY	WEEKS	4:12:20	12:37	51	F	CARRBORO	NC	
73	212	KATHERINE	BAER	4:12:20	12:37	46	F	CARRBORO	NC	
74	317	ROBERT	KERN	4:12:59	12:39	53	M	CARRBORO	NC	TrailHeads
75	225	JANEL	BENSON	4:13:34	12:41	37	F	MANLIUS	NY	TrailHeads
76	370	JEFFERY	PORTER	4:13:41	12:41	44	M	APEX	NC	
77	353	STEPHEN	ORTON	4:15:15	12:46	53	M	CHAPEL HILL	NC	TrailHeads
78	215	SCOTT	BARKER	4:15:22	12:46	42	M	WINTERVILLE	NC	Team Barker
79	268	ROBERT	ENOCHS	4:17:38	12:53	43	M	APEX	NC	
80	438	JOE	ZACHER	4:19:13	12:58	47	M	RALEIGH	NC	
81	217	SETH	BARRY	4:19:28	12:58	31	M	CHAPEL HILL	NC	
82	287	JULIE	HAIGHT	4:19:45	12:59	47	F	CARY	NC	
83	385	ELIZABETH	SAGER	4:20:45	13:02	26	F	DALLAS	TX	
84	324	BRAD	LOWER	4:22:30	13:08	49	M	HENRICO	VA	
85	361	JEFF	PATTERSON	4:24:19	13:13	55	M	CHAPEL HILL	NC	TrailHeads
86	295	CHRIS	HAWLEY	4:24:44	13:14	48	M	WILSON	NC	
87	319	ROBERT	KING	4:24:46	13:14	47	M	WAKE FOREST	NC	
88	378	JIM	RIEK	4:25:43	13:17	51	M	CARRBORO	NC	TrailHeads
89	206	NICOLE	AMSLER	4:26:24	13:19	28	F	DURHAM	NC	
90	237	KELLY	BRUNO	4:26:32	13:20	31	F	DURHAM	NC	
91	302	MATT	HOBBS	4:26:47	13:20	32	M	RALEIGH	NC	
92	427	NATHAN	WHEATLEY	4:26:56	13:21	45	M	HUNTERSVILLE	NC	Mudder Brudders
93	257	KELLIE	DAVIS	4:27:41	13:23	41	F	RALEIGH	NC	RunnerPeeps
94	281	DOUG	GRANADE	4:27:50	13:23	56	M	CHAPEL HILL	NC	
95	396	JAY	SPADIE	4:28:01	13:24	45	M	RALEIGH	NC	
96	259	JENNIFER	DORTON	4:28:32	13:26	42	F	WILMINGTON	NC	
97	310	DANNY	JESSUP	4:29:12	13:28	53	M	RALEIGH	NC	RunnerPeeps
98	309	STEPH	JEFFRIES	4:29:14	13:28	44	F	RALEIGH	NC	RunnerPeeps
99	269	LES	EVANS	4:29:17	13:28	43	M	RALEIGH	NC	
100	401	ERIC	STEVENS	4:29:53	13:30	47	M	BAHAMA	NC	
101	303	ROB	HOYT	4:30:09	13:30	29	M	CLAYTON	NC	Wilson Beer Runners
102	204	NATALIE	AMES	4:30:36	13:32	47	F	CHAPEL HILL	NC	
103	419	CHIP	VINCENT	4:31:04	13:33	46	M	RALEIGH	NC	
104	403	WILLIAM	SWANN	4:32:57	13:39	43	M	FRANKLINTON	NC	Still Trailing
105	397	NATHAN	SPELL	4:33:43	13:41	52	M	DECATUR	GA	
106	345	KEVAN	MILLER	4:33:43	13:41	56	M	REDWOOD CITY	CA	
107	234	SHERI	BRANSON	4:34:59	13:45	57	F	CHAPEL HILL	NC	
108	222	MASON	BEAUMONT	4:36:06	13:48	38	M	HUNTERSVILLE	NC	Mudder Brudders
109	350	TRACY	CHISTIAN	4:39:58	13:59	52	F	WILMINGTON	NC	
110	242	JIM	CARAGOL	4:40:59	14:03	66	M	OAK RIDGE	NC	
111	420	MALAK	WAHBA	4:41:18	14:04	39	F	CARY	NC	
112	294	RUTHIE	HAUGH	4:42:59	14:09	44	F	CARYCARY	NC	
113	333	RYAN	MCCARTY	4:44:45	14:14	41	M	DURHAM	NC	
114	360	JANE	PATTERSON	4:47:30	14:22	52	F	RALEIGH	NC	

115	405	JULIA	TAYLOR	4:48:08	14:24	32	F	SOUTHERN PINES	NC	
116	331	JENNIFER	MAUCHLEN	4:48:09	14:24	32	F	PINEHURST	NC	Team mauchlen
117	261	JOHN	DRIBUS	4:48:10	14:24	38	M	WAKE FOREST	NC	
118	387	DAN	SCHNITZER	4:48:11	14:24	36	M	DURHAM	NC	
119	249	JIM	CHRISTIAN	4:48:33	14:26	44	M	WINSTON SALEM	NC	
120	347	EMILY	MOCK	4:48:34	14:26	21	F	WINSTON SALEM	NC	
121	273	DAVE	FOWLER	4:48:39	14:26	51	M	ASHEBORO	NC	
122	292	JANET	HANKINS	4:51:09	14:33	49	F	CHAPEL HILL	NC	
123	290	RICHARD	HAMMETT	4:53:01	14:39	58	M	STANFIELD	NC	
124	364	BRAD	PETERSEN	4:53:01	14:39	51	M	HUNTERSVILLE	NC	Mudder Brudders
125	416	DAVID	TUCKER	4:53:05	14:39	28	M	CHARLOTTE	NC	Mudder Brudders
126	409	KEN	THOMAS	4:53:18	14:40	47	M	RALEIGH	NC	Raleigh Trail Runners
127	320	KELLY	LAMB	4:53:27	14:40	36	F	RALEIGH	NC	
128	216	KLAY	BARROW	4:53:32	14:41	46	M	RALEIGH	NC	
129	356	JULIE	PADDISON	4:54:14	14:43	47	F	DURHAM	NC	
130	368	NICHOLAS	PISCATELLI	4:55:51	14:47	27	M	RALEIGH	NC	
131	372	JONATHAN	PRIDDY	4:57:55	14:54	39	M	RAMSEUR	NC	
132	258	KRISTEL	DORION	4:59:37	14:59	45	F	DURHAM	NC	
133	207	KEVIN	ANDERSON	5:01:50	15:05	32	M	BALTIMORE	MD	
134	282	JOSH	GREDVIG	5:01:52	15:06	33	M	DURHAM	NC	
135	430	CHRIS	WICKER	5:03:33	15:11	60	M	ROANOKE RAPIDS	NC	
136	376	HEIKO	RATH	5:03:39	15:11	46	M	DURHAM	NC	Carolina Godiva Track Club
137	283	KIM	GREGORY	5:04:18	15:13	36	F	CHARLOTTE	NC	
138	252	KATIE	CONNORS	5:04:18	15:13	38	F	FORT MILL	SC	
139	404	BOB	SWEET	5:05:18	15:16	40	M	RALEIGH	NC	
140	406	LORI	TAYLOR	5:05:18	15:16	45	F	CHARLOTTE	NC	
141	415	KERRY	TROESTER	5:05:18	15:16	48	F	RALEIGH	NC	
142	251	ERIC	COHEN	5:05:34	15:17	39	M	DURHAM	NC	
143	371	EMILY	PRICE	5:05:54	15:18	43	F	GREENVILLE	NC	
144	367	JEN	PICHA	5:05:54	15:18	42	F	GREENVILLE	NC	
145	349	LIZZ	NELSON	5:05:57	15:18	42	F	GREENVILLE	NC	
146	297	REYCO	HENNING	5:06:53	15:21	40	M	CHAPEL HILL	NC	
147	307	JASON	JABAUT	5:07:06	15:21	33	M	CHAPEL HILL	NC	
148	256	PATRICIA	NERVO	5:07:08	15:21	38	F	CHAPEL HILL	NC	
149	384	TJ	RYDZEWSKI	5:07:10	15:21	42	M	HOLLY SPRINGS	NC	
150	383	JULIE	RYDZEWSKI	5:07:14	15:22	40	F	HOLLY SPRINGS	NC	
151	323	ALINE	LLOYD	5:09:25	15:28	45	F	CHAPEL HILL	NC	Carolina Godiva Track Club
152	277	WILLIAM	GALLOWAY	5:11:01	15:33	57	M	SMITHFIELD	NC	
153	328	VASU	MANDAVA	5:11:29	15:34	43	M	CARY	NC	
154	227	LESLIE	BIRD	5:11:58	15:36	51	F	GREENSBORO	NC	
155	330	JAMES	MARTIN	5:12:35	15:38	44	M	CRAMERTON	NC	
156	399	DEBORAH	SPRINGER	5:15:40	15:47	42	F	DURHAM	NC	Carolina Godiva Track Club
157	343	GENE	MEADE	5:15:41	15:47	52	M	FUQUAY VARINA	NC	
158	389	PAULA	SHEARON	5:15:50	15:47	32	F	NASHVILLE	NC	
159	228	SALLY	BOTWICK	5:16:51	15:51	44	F	HOLLY SPRINGS	NC	
160	346	R STEPHEN	MILLEY	5:17:26	15:52	44	M	GARNER	NC	Raleigh Trail Runners
161	238	KELLY	BUTLER	5:19:17	15:58	43	F	PITTSBORO	NC	
162	388	CHRIS	SHEARON	5:20:17	16:01	37	M	NASHVILLE	NC	
163	408	DREW	THABAULT	5:20:29	16:01	29	F	DURHAM	NC	
164	229	SETH	BOTWICK	5:21:24	16:04	45	M	HOLLY SPRINGS	NC	
165	263	MARIE	DUVALL	5:23:42	16:11	41	F	WAKE FOREST	NC	Raleigh Trail Runners
166	380	GEORGE	ROLLINS	5:23:43	16:11	53	M	CLAYTON	NC	
167	218	MALIN	BARTON	5:25:30	16:16	46	F	CLAYTON	NC	
168	278	EMILY	GARDNER	5:26:47	16:20	23	F	CLAYTON	NC	
169	285	JACQUELINE	GRONWALD	5:27:26	16:22	33	F	GREENSBORO	NC	
170	413	ELIZABETH	TOWE	5:30:31	16:31	49	F	HILLSBOROUGH	NC	TrailHeads
171	300	JENNY	HILL	5:30:31	16:32	47	F	CHAPEL HILL	NC	TrailHeads
172	434	KEITH	WOOD	5:30:50	16:33	66	M	KING	NC	
173	429	BOB	WHITAKER	5:31:20	16:34	50	M	CARY	NC	
174	286	BRANDON L	GUSTYN	5:32:55	16:39	39	M	COLUMBIA	SC	
175	224	JESSE	BENNETT	5:36:12	16:49	37	M	RALEIGH	NC	Grasshoppers

176	354	AMANDA	PACK	5:37:12	16:52	30	F	DURHAM	NC	
177	355	WILL	PACK	5:37:12	16:52	43	M	DURHAM	NC	
178	213	PETER	BAIO	5:39:22	16:58	31	M	WILSON	NC	
179	358	TONY	PARKER	5:39:24	16:58	55	M	GREENVILLE	NC	
180	201	KATE	ALBRECHT	5:39:45	16:59	32	F	HILLSBOROUGH	NC	TrailHeads
181	422	KURT	WATERSTRADT	5:39:56	16:59	34	M	VIRGINIA BEACH	VA	
182	373	CAROL	PUENTE	5:40:19	17:01	60	F	RALEIGH	NC	
183	326	SCOTT	LYNCH	5:41:14	17:04	47	M	DURHAM	NC	Carolina Godiva Track Club
184	426	HEATHER	WESTBERG	5:43:41	17:11	39	F	WILSON	NC	
185	386	HEATHER	SCHEFFLER	5:50:38	17:32	45	F	PITTSBORO	NC	
186	433	MIKE	WOMBLE	5:56:08	17:48	43	M	WILMINGTON	NC	
187	289	DAVID	HAMILTON	5:58:11	17:55	45	M	RALEIGH	NC	
188	381	GREG	RUNYON	6:06:23	18:19	58	M	CEDAR GROVE	NC	
189	219	AIMEE	BAZIN	6:07:14	18:22	33	F	CARRBORO	NC	Carolina Godiva Track Club
190	221	YVETTE	BEARD	6:08:52	18:27	47	F	LINDEN	NC	
191	334	ROBERT	MCCLURE	6:25:36	19:17	50	M	CHAPEL HILL	NC	
192	325	LUKE	LUCAS	6:25:38	19:17	68	M	CHAPEL HILL	NC	
193	432	LILLIAN	WILLTER	7:32:11	22:37	46	F	GREENVILLE	NC	
194	418	SHERRY	VICK	7:32:11	22:37	48	F	FOUNTAIN	NC	GoRun
195	407	RACHAEL	TAYLOR	7:46:30	23:19	33	F	SAINT PAULS	NC	

Women's 20-Mile Run Results

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	437	LORRAINE	YOUNG	2:59:56	8:59	42	F	RALEIGH	NC	
2	428	ANNE	WHEATLY	3:06:02	9:18	30	F	ASHEVILLE	NC	Wild By Nature
3	299	MANDY	HIGDON	3:31:59	10:36	35	F	ASHEVILLE	NC	Wild By Nature
4	313	LAURA	KEELEY	3:39:14	10:58	26	F	DURHAM	NC	Bull City Track Club
5	274	CARLA	FROHLICH	3:40:46	11:02	37	F	RALEIGH	NC	
6	362	ALANA	PAVUK	3:44:48	11:14	32	F	DURHAM	NC	TrailHeads
7	425	LIA	WEINER	3:46:33	11:20	26	F	CHAPEL HILL	NC	
8	209	PAULA	ANSTROM	3:49:20	11:28	43	F	PITTSBORO	NC	
9	230	KATIE	BOWDEN	3:53:55	11:42	28	F	DURHAM	NC	
10	279	GRETCHEN	GEHRKE	3:55:45	11:47	32	F	DURHAM	NC	
11	390	SHARON	SHOFER	4:02:38	12:08	46	F	CHAPEL HILL	NC	TrailHeads
12	247	AMY	CHAMBLESS	4:05:30	12:16	45	F	CARRBORO	NC	
13	369	CATHY	POFAHL	4:05:48	12:17	49	F	CARY	NC	
14	308	ILONA	JASPERS	4:06:18	12:19	47	F	CARRBORO	NC	
15	423	CYNDY	WEEKS	4:12:20	12:37	51	F	CARRBORO	NC	
16	212	KATHERINE	BAER	4:12:20	12:37	46	F	CARRBORO	NC	
17	225	JANEL	BENSON	4:13:34	12:41	37	F	MANLIUS	NY	TrailHeads
18	287	JULIE	HAIGHT	4:19:45	12:59	47	F	CARY	NC	
19	385	ELIZABETH	SAGER	4:20:45	13:02	26	F	DALLAS	TX	
20	206	NICOLE	AMSLER	4:26:24	13:19	28	F	DURHAM	NC	
21	237	KELLY	BRUNO	4:26:32	13:20	31	F	DURHAM	NC	
22	257	KELLIE	DAVIS	4:27:41	13:23	41	F	RALEIGH	NC	RunnerPeeps
23	259	JENNIFER	DORTON	4:28:32	13:26	42	F	WILMINGTON	NC	
24	309	STEPH	JEFFRIES	4:29:14	13:28	44	F	RALEIGH	NC	RunnerPeeps
25	204	NATALIE	AMES	4:30:36	13:32	47	F	CHAPEL HILL	NC	
26	234	SHERI	BRANSON	4:34:59	13:45	57	F	CHAPEL HILL	NC	
27	350	TRACY	CHISTIAN	4:39:58	13:59	52	F	WILMINGTON	NC	
28	420	MALAK	WAHBA	4:41:18	14:04	39	F	CARY	NC	
29	294	RUTHIE	HAUGH	4:42:59	14:09	44	F	CARYCARY	NC	
30	360	JANE	PATTERSON	4:47:30	14:22	52	F	RALEIGH	NC	
31	405	JULIA	TAYLOR	4:48:08	14:24	32	F	SOUTHERN PINES	NC	
32	331	JENNIFER	MAUCHLEN	4:48:09	14:24	32	F	PINEHURST	NC	Team mauchlen
33	347	EMILY	MOCK	4:48:34	14:26	21	F	WINSTON SALEM	NC	
34	292	JANET	HANKINS	4:51:09	14:33	49	F	CHAPEL HILL	NC	
35	320	KELLY	LAMB	4:53:27	14:40	36	F	RALEIGH	NC	
36	356	JULIE	PADDISON	4:54:14	14:43	47	F	DURHAM	NC	
37	258	KRISTEL	DORION	4:59:37	14:59	45	F	DURHAM	NC	
38	283	KIM	GREGORY	5:04:18	15:13	36	F	CHARLOTTE	NC	

39	252	KATIE	CONNORS	5:04:18	15:13	38	F	FORT MILL	SC	
40	406	LORI	TAYLOR	5:05:18	15:16	45	F	CHARLOTTE	NC	
41	415	KERRY	TROESTER	5:05:18	15:16	48	F	RALEIGH	NC	
42	371	EMILY	PRICE	5:05:54	15:18	43	F	GREENVILLE	NC	
43	367	JEN	PICHA	5:05:54	15:18	42	F	GREENVILLE	NC	
44	349	LIZZ	NELSON	5:05:57	15:18	42	F	GREENVILLE	NC	
45	256	PATRICIA	NERVO	5:07:08	15:21	38	F	CHAPEL HILL	NC	
46	383	JULIE	RYDZEWSKI	5:07:14	15:22	40	F	HOLLY SPRINGS	NC	
47	323	ALINE	LLOYD	5:09:25	15:28	45	F	CHAPEL HILL	NC	Carolina Godiva Track Club
48	227	LESLIE	BIRD	5:11:58	15:36	51	F	GREENSBORO	NC	
49	399	DEBORAH	SPRINGER	5:15:40	15:47	42	F	DURHAM	NC	Carolina Godiva Track Club
50	389	PAULA	SHEARON	5:15:50	15:47	32	F	NASHVILLE	NC	
51	228	SALLY	BOTWICK	5:16:51	15:51	44	F	HOLLY SPRINGS	NC	
52	238	KELLY	BUTLER	5:19:17	15:58	43	F	PITTSBORO	NC	
53	408	DREW	THABAULT	5:20:29	16:01	29	F	DURHAM	NC	
54	263	MARIE	DUVALL	5:23:42	16:11	41	F	WAKE FOREST	NC	Raleigh Trail Runners
55	218	MALIN	BARTON	5:25:30	16:16	46	F	CLAYTON	NC	
56	278	EMILY	GARDNER	5:26:47	16:20	23	F	CLAYTON	NC	
57	285	JACQUELINE	GRONWALD	5:27:26	16:22	33	F	GREENSBORO	NC	
58	413	ELIZABETH	TOWE	5:30:31	16:31	49	F	HILLSBOROUGH	NC	TrailHeads
59	300	JENNY	HILL	5:30:31	16:32	47	F	CHAPEL HILL	NC	TrailHeads
60	354	AMANDA	PACK	5:37:12	16:52	30	F	DURHAM	NC	
61	201	KATE	ALBRECHT	5:39:45	16:59	32	F	HILLSBOROUGH	NC	TrailHeads
62	373	CAROL	PUENTE	5:40:19	17:01	60	F	RALEIGH	NC	
63	426	HEATHER	WESTBERG	5:43:41	17:11	39	F	WILSON	NC	
64	386	HEATHER	SCHEFFLER	5:50:38	17:32	45	F	PITTSBORO	NC	
65	219	AIMEE	BAZIN	6:07:14	18:22	33	F	CARRBORO	NC	Carolina Godiva Track Club
66	221	YVETTE	BEARD	6:08:52	18:27	47	F	LINDEN	NC	
67	432	LILLIAN	WILLTER	7:32:11	22:37	46	F	GREENVILLE	NC	
68	418	SHERRY	VICK	7:32:11	22:37	48	F	FOUNTAIN	NC	GoRun
69	407	RACHAEL	TAYLOR	7:46:30	23:19	33	F	SAINT PAULS	NC	

Men's 20-Mile Run Results

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	271	ERIK	JOHNSON	2:48:48	8:26	39	M	SEWARD	AK	Bull City Track Club
2	233	JOHN	BOYDSTON	3:01:41	9:05	34	M	CONCORD	NC	
3	400	TYLE	STELZIG	3:09:04	9:27	27	M	CHAPEL HILL	NC	
4	220	MIKE	BEAMAN	3:10:27	9:31	49	M	CARY	NC	IOSTC
5	245	ERNEST	CARROLL	3:11:01	9:33	50	M	ASHEBORO	NC	
6	288	JEFF	HALL	3:19:37	9:59	51	M	RALEIGH	NC	Carolina Godiva Track Club
7	337	NATE	MCGIVERN	3:21:06	10:03	17	M	HUNTERSVILLE	NC	
8	332	JODY	MAXWELL	3:23:23	10:10	50	M	DURHAM	NC	Durham Public
9	366	MILES	PFEIFER	3:25:47	10:17	48	M	HILLSBOROUGH	NC	
10	284	JOHN	GRIMES	3:25:56	10:18	49	M	RALEIGH	NC	Mangum Track Club
11	315	JACOB	KELLY	3:26:12	10:19	35	M	DURHAM	NC	Bull City Track Club
12	436	JOEL	WRIGHT	3:26:44	10:20	43	M	CHAPEL HILL	NC	
13	314	MIKE	KELLEY	3:27:11	10:22	56	M	CHAPEL HILL	NC	
14	318	IV	KIMBERLY	3:27:28	10:22	47	M	CHAPEL HILL	NC	Trailheads
15	417	PETER	VANDEBERG	3:29:12	10:28	48	M	APEX	NC	Raleigh Trail Runners
16	304	TIMOTHY	HUDELSON	3:29:36	10:29	49	M	DURHAM	NC	
17	243	NEAL	CAREN	3:31:36	10:35	42	M	CHAPEL HILL	NC	
18	322	DANIEL	LILLEY	3:31:43	10:35	42	M	BAHAMA	NC	
19	293	SHAWN	HARRIS	3:36:49	10:50	51	M	CARY	NC	Carolina Godiva Track Club
20	262	JOE	DROMMER	3:36:50	10:51	45	M	DURHAM	NC	Carolina Godiva Track Club
21	402	BRIAN	STULL	3:37:27	10:52	44	M	DURHAM	NC	Durham Public Tuna
22	260	DAVID	DRENZEK	3:38:14	10:55	41	M	RALEIGH	NC	
23	305	TYLER	HUSTRULID	3:41:19	11:04	34	M	WILMINGTON	NC	
24	363	STEPHEN	PERHAC	3:42:15	11:07	40	M	ASHEVILLE	NC	
25	246	CHAD	CATO	3:43:28	11:10	42	M	WILSON	NC	
26	202	MARK	ALDRICH	3:48:01	11:24	37	M	WILSON	NC	wilson beer runners
27	267	RYAN	EMERICK	3:48:37	11:26	41	M	CONCORD	NC	

28	336	SHANNEN	MCGINNIS	3:48:48	11:26	45	M	RALEIGH	NC	Road Kilt
29	296	DAVE	HEILIG	3:48:50	11:26	48	M	RALEIGH	NC	wampus Kat
30	255	MICHAEL	DARR	3:49:56	11:30	46	M	WILSON	NC	
31	351	ADAM	OAKLEY	3:50:12	11:31	29	M	HICKORY	NC	
32	211	MATTHEW	BADER	3:50:28	11:31	32	M	DURHAM	NC	
33	226	JOEL	BIBBY	3:50:56	11:33	35	M	HARRISBURG	NC	
34	339	ED	MCKEOWN	3:50:57	11:33	46	M	ROANOKE	VA	
35	205	BENJAMIN	AMSLER	3:51:03	11:33	29	M	DURHAM	NC	
36	377	PETER	REAVEY	3:51:48	11:35	47	M	CARY	NC	
37	342	JASON	MCMAINS	3:52:39	11:38	31	M	DURHAM	NC	
38	435	DAVID	WOODARD	3:53:27	11:40	51	M	RALEIGH	NC	
39	253	LOGAN	CORBETT	3:54:06	11:42	29	M	CHARLOTTE	NC	Mudder Brudders
40	235	MIKE	BREDENBERG	3:57:25	11:52	47	M	RALEIGH	NC	
41	312	SCOTT	KAUFFMAN	3:57:54	11:54	48	M	ASHEBORO	NC	Randolph Road Runners
42	321	YANNI	LAMBROPOULOS	3:58:05	11:54	49	M	DURHAM	NC	
43	291	OSKAR	HANBERGS	3:58:22	11:55	55	M	DURHAM	NC	
44	327	MATTHEW	MACKINNON	3:58:57	11:57	43	M	CHAPEL HILL	NC	TrailHeads
45	214	WES	BALMER	3:59:48	11:59	46	M	FAYETTEVILLE	NC	
46	210	JONATHAN	ARMSTRONG	3:59:59	11:59	48	M	RALEIGH	NC	RunnerPeeps
47	410	GLENN	THORP	4:00:39	12:02	26	M	CHAPEL HILL	NC	
48	421	JEFF	WALD	4:02:29	12:07	49	M	CARY	NC	Raleigh Trail Runners
49	311	THOMAS	JOHNSTON	4:02:51	12:09	31	M	CHAPEL HILL	NC	
50	439	DANIEL	HOLMES	4:02:52	12:09	34	M	GREENVILLE	NC	
51	248	SEAN	CHASTAIN	4:04:48	12:14	31	M	RALEIGH	NC	
52	236	SCOTT	BREDENBERG	4:05:14	12:16	43	M	PITTSBORO	NC	
53	272	JASON	FOUREMAN	4:08:53	12:27	39	M	CHAPEL HILL	NC	Trailheads
54	424	KEVIN	WEEKS	4:09:13	12:28	52	M	CARRBORO	NC	
55	338	WYMAN	MCGUIRT	4:09:47	12:29	46	M	PINEHURST	NC	
56	357	JON	PARKER	4:09:56	12:30	49	M	CHAPEL HILL	NC	TrailHeads
57	231	CHRISTOPHER	BOYCE	4:11:20	12:34	41	M	DURHAM	NC	Carolina Godiva Track Club
58	317	ROBERT	KERN	4:12:59	12:39	53	M	CARRBORO	NC	TrailHeads
59	370	JEFFERY	PORTER	4:13:41	12:41	44	M	APEX	NC	
60	353	STEPHEN	ORTON	4:15:15	12:46	53	M	CHAPEL HILL	NC	TrailHeads
61	215	SCOTT	BARKER	4:15:22	12:46	42	M	WINTERVILLE	NC	Team Barker
62	268	ROBERT	ENOCHS	4:17:38	12:53	43	M	APEX	NC	
63	438	JOE	ZACHER	4:19:13	12:58	47	M	RALEIGH	NC	
64	217	SETH	BARRY	4:19:28	12:58	31	M	CHAPEL HILL	NC	
65	324	BRAD	LOWER	4:22:30	13:08	49	M	HENRICO	VA	
66	361	JEFF	PATTERSON	4:24:19	13:13	55	M	CHAPEL HILL	NC	TrailHeads
67	295	CHRIS	HAWLEY	4:24:44	13:14	48	M	WILSON	NC	
68	319	ROBERT	KING	4:24:46	13:14	47	M	WAKE FOREST	NC	
69	378	JIM	RIEK	4:25:43	13:17	51	M	CARRBORO	NC	TrailHeads
70	302	MATT	HOBBS	4:26:47	13:20	32	M	RALEIGH	NC	
71	427	NATHAN	WHEATLEY	4:26:56	13:21	45	M	HUNTERSVILLE	NC	Mudder Brudders
72	281	DOUG	GRANADE	4:27:50	13:23	56	M	CHAPEL HILL	NC	
73	396	JAY	SPADIE	4:28:01	13:24	45	M	RALEIGH	NC	
74	310	DANNY	JESSUP	4:29:12	13:28	53	M	RALEIGH	NC	RunnerPeeps
75	269	LES	EVANS	4:29:17	13:28	43	M	RALEIGH	NC	
76	401	ERIC	STEVENS	4:29:53	13:30	47	M	BAHAMA	NC	
77	303	ROB	HOYT	4:30:09	13:30	29	M	CLAYTON	NC	Wilson Beer Runners
78	419	CHIP	VINCENT	4:31:04	13:33	46	M	RALEIGH	NC	
79	403	WILLIAM	SWANN	4:32:57	13:39	43	M	FRANKLINTON	NC	Still Trailing
80	397	NATHAN	SPELL	4:33:43	13:41	52	M	DECATUR	GA	
81	345	KEVAN	MILLER	4:33:43	13:41	56	M	REDWOOD CITY	CA	
82	222	MASON	BEAUMONT	4:36:06	13:48	38	M	HUNTERSVILLE	NC	Mudder Brudders
83	242	JIM	CARAGOL	4:40:59	14:03	66	M	OAK RIDGE	NC	
84	333	RYAN	MCCARTY	4:44:45	14:14	41	M	DURHAM	NC	
85	261	JOHN	DRIBUS	4:48:10	14:24	38	M	WAKE FOREST	NC	
86	387	DAN	SCHNITZER	4:48:11	14:24	36	M	DURHAM	NC	
87	249	JIM	CHRISTIAN	4:48:33	14:26	44	M	WINSTON SALEM	NC	
88	273	DAVE	FOWLER	4:48:39	14:26	51	M	ASHEBORO	NC	

89	290	RICHARD	HAMMETT	4:53:01	14:39	58	M	STANFIELD	NC	
90	364	BRAD	PETERSEN	4:53:01	14:39	51	M	HUNTERSVILLE	NC	Mudder Brudders
91	416	DAVID	TUCKER	4:53:05	14:39	28	M	CHARLOTTE	NC	Mudder Brudders
92	409	KEN	THOMAS	4:53:18	14:40	47	M	RALEIGH	NC	Raleigh Trail Runners
93	216	KLAY	BARROW	4:53:32	14:41	46	M	RALEIGH	NC	
94	368	NICHOLAS	PISCATELLI	4:55:51	14:47	27	M	RALEIGH	NC	
95	372	JONATHAN	PRIDY	4:57:55	14:54	39	M	RAMSEUR	NC	
96	207	KEVIN	ANDERSON	5:01:50	15:05	32	M	BALTIMORE	MD	
97	282	JOSH	GREDVIG	5:01:52	15:06	33	M	DURHAM	NC	
98	430	CHRIS	WICKER	5:03:33	15:11	60	M	ROANOKE RAPIDS	NC	
99	376	HEIKO	RATH	5:03:39	15:11	46	M	DURHAM	NC	Carolina Godiva Track Club
100	404	BOB	SWEET	5:05:18	15:16	40	M	RALEIGH	NC	
101	251	ERIC	COHEN	5:05:34	15:17	39	M	DURHAM	NC	
102	297	REYCO	HENNING	5:06:53	15:21	40	M	CHAPEL HILL	NC	
103	307	JASON	JABAUT	5:07:06	15:21	33	M	CHAPEL HILL	NC	
104	384	TJ	RYDZEWSKI	5:07:10	15:21	42	M	HOLLY SPRINGS	NC	
105	277	WILLIAM	GALLOWAY	5:11:01	15:33	57	M	SMITHFIELD	NC	
106	328	VASU	MANDAVA	5:11:29	15:34	43	M	CARY	NC	
107	330	JAMES	MARTIN	5:12:35	15:38	44	M	CRAMERTON	NC	
108	343	GENE	MEADE	5:15:41	15:47	52	M	FUQUAY VARINA	NC	
109	346	R STEPHEN	MILLEY	5:17:26	15:52	44	M	GARNER	NC	Raleigh Trail Runners
110	388	CHRIS	SHEARON	5:20:17	16:01	37	M	NASHVILLE	NC	
111	229	SETH	BOTWICK	5:21:24	16:04	45	M	HOLLY SPRINGS	NC	
112	380	GEORGE	ROLLINS	5:23:43	16:11	53	M	CLAYTON	NC	
113	434	KEITH	WOOD	5:30:50	16:33	66	M	KING	NC	
114	429	BOB	WHITAKER	5:31:20	16:34	50	M	CARY	NC	
115	286	BRANDON L	GUSTYN	5:32:55	16:39	39	M	COLUMBIA	SC	
116	224	JESSE	BENNETT	5:36:12	16:49	37	M	RALEIGH	NC	Grasshoppers
117	355	WILL	PACK	5:37:12	16:52	43	M	DURHAM	NC	
118	213	PETER	BAIO	5:39:22	16:58	31	M	WILSON	NC	
119	358	TONY	PARKER	5:39:24	16:58	55	M	GREENVILLE	NC	
120	422	KURT	WATERSTRADT	5:39:56	16:59	34	M	VIRGINIA BEACH	VA	
121	326	SCOTT	LYNCH	5:41:14	17:04	47	M	DURHAM	NC	Carolina Godiva Track Club
122	433	MIKE	WOMBLE	5:56:08	17:48	43	M	WILMINGTON	NC	
123	289	DAVID	HAMILTON	5:58:11	17:55	45	M	RALEIGH	NC	
124	381	GREG	RUNYON	6:06:23	18:19	58	M	CEDAR GROVE	NC	
125	334	ROBERT	MCCLURE	6:25:36	19:17	50	M	CHAPEL HILL	NC	
126	325	LUKE	LUCAS	6:25:38	19:17	68	M	CHAPEL HILL	NC	