



2014 20-Mile Run Overall Results

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
1	417	Scott Williams	2:43:55	8:12	M	35	Asheville	NC	
2	316	Joe Lanser	2:45:10	8:15	M	24	Greensboro	NC	
3	284	Matthew Hirschey	2:55:12	8:46	M	34	Durham	NC	
4	305	Zack Kessell	2:57:09	8:51	M	30	Charlotte	NC	F3
5	376	Brian Schneider	2:57:20	8:52	M	37	Durham	NC	
6	350	Ryan Paavola	2:57:35	8:53	M	29	Richmond	VA	
7	312	Crystian Kumnick	3:02:10	9:06	M	44	Chapel Hill	NC	
8	399	Kirby Walke	3:03:48	9:11	M	31	Blacksburg	VA	
9	206	Mike Beaman	3:13:31	9:41	M	47	Cary	NC	Inside-Out Sports
10	339	Douglas Moore	3:14:00	9:42	M	40	Charlotte	NC	
11	347	David Olson	3:17:20	9:52	M	36	Roanoke	VA	
12	261	Edward George	3:19:58	9:59	M	37	Wilmington	NC	
13	406	Anne Wheatly	3:20:30	10:02	F	28	Beaufort	NC	
14	318	Jason Laxton	3:21:59	10:06	M	38	Boone	NC	
15	233	Adrien Cooper	3:22:26	10:07	M	36	Chapel Hill	NC	Trailheads
16	334	Russell Mead	3:23:10	10:09	M	48	Chapel Hill	NC	Trailheads
17	338	Abran Moore	3:23:21	10:10	M	33	Winston Salem	NC	
18	250	Dale Fleckenstein	3:25:21	10:16	M	49	Durham	NC	
19	290	Paul Hora	3:30:26	10:31	M	38	Southern Pines	NC	World Bicycle Relief
20	256	Steve Gangemi	3:32:55	10:39	M	39	Pittsboro	NC	
21	356	Miles Pfeifer	3:37:35	10:53	M	46	Hillsborough	NC	
22	373	David Sartorio	3:37:42	10:53	M	29	Raleigh	NC	Team Sartorio
23	270	Jay Hammond	3:38:51	10:56	M	50	Lexington	SC	
24	335	Marc Medford	3:38:55	10:57	M	44	Raleigh	NC	
25	219	Adam Burke	3:39:50	10:59	M	36	Raleigh	NC	
26	387	Bryan Stanton	3:40:27	11:01	M	30	Charlotte	NC	
27	332	Greg McNamee	3:41:04	11:03	M	44	Cary	NC	
28	213	Brian Bohrer	3:41:14	11:04	M	38	Wilmington	NC	Without Limits Endurance Team
29	326	Matthew Marum	3:41:18	11:04	M	30	Cary	NC	Carolina Godiva Track Club
30	306	Iv Kimberly	3:42:02	11:06	M	45	Chapel Hill	NC	
31	348	Stephen Orton	3:42:43	11:08	M	51	Chapel Hill	NC	
32	254	Carla Frohlich	3:43:18	11:10	F	35	Raleigh	NC	Raleigh Trail Runners
33	315	Craig Lancaster	3:43:47	11:11	M	29	Fletcher	NC	
34	302	James Kermes	3:44:18	11:13	M	38	Waxhaw	NC	
35	262	Wendell Gilland	3:44:19	11:13	M	49	Chapel Hill	NC	
36	251	Eric Floro	3:46:23	11:19	M	35	Durham	NC	
37	300	Chris Jordan	3:47:31	11:23	M	29	Winston-Salem	NC	
38	274	Jonathan Head	3:48:35	11:26	M	25	Concord	NC	Summit Coffee
39	230	John Cockrum	3:48:49	11:26	M	40	Hampstead	NC	
40	299	David Jones	3:49:31	11:28	M	42	Chapel Hill	NC	
41	264	John Gotelli	3:49:39	11:29	M	44	Hillsborough	NC	
42	325	Brad Lull	3:49:55	11:30	M	39	Indian Land	SC	
43	244	Scott Eney	3:50:14	11:31	M	38	Raleigh	NC	
44	277	Danny Helfrich	3:50:52	11:33	M	37	McLean	VA	Summit Coffee
45	260	Gretchen Gehrke	3:51:01	11:33	F	30	Durham	NC	

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
46	361	Brian Povish	3:51:34	11:35	M	39	West End	NC	
47	283	Dan Hilliker	3:51:38	11:35	M	46	Fayetteville	NC	
48	276	David Heilig	3:51:53	11:36	M	46	Raleigh	NC	
49	320	Rory Lewellyn	3:52:00	11:36	M	43	Pilot Mountain	NC	
50	265	Doug Granade	3:53:27	11:40	M	54	Charlotte	NC	
51	263	Laura Gilmour	3:54:01	11:42	F	32	Washington	DC	
52	239	Darrah Cunningham	3:54:37	11:44	F	35	Fuquay Varina	NC	
53	392	Patti Tiernan	3:54:37	11:44	F	40	Cary	NC	
54	246	Michael Falvo	3:54:40	11:44	M	44	Durham	NC	
55	370	Kurt Rosenkrantz	3:54:45	11:44	M	41	Chapel Hill	NC	
56	241	Liz Doran	3:55:33	11:47	F	30	Chapel Hill	NC	
57	224	Chad Cato	3:55:36	11:47	M	40	Wilson	NC	
58	388	Andrew Sutherland	3:57:01	11:51	M	36	Concord	NC	
59	201	Keary Allen	3:57:56	11:54	M	40	Robbins	NC	
60	278	Tim Helfrich	3:59:24	11:58	M	35	Davidson	NC	Summit Coffee
61	336	Jerry Meyer	4:00:26	12:01	M	51	Baltimore	MD	Hopkins Harriers
62	255	Darrell Fruth	4:02:47	12:08	M	41	Durham	NC	
63	327	Adam Matthews	4:02:48	12:08	M	39	Aberdeen	NC	
64	252	Jason Foureman	4:03:18	12:10	M	37	Chapel Hill	NC	
65	409	Ben Wilhelm	4:03:28	12:10	M	41	Charlotte	NC	
66	410	Greg Williams	4:04:00	12:12	M	32	Arden	NC	
67	331	Wyman McGuirt	4:05:01	12:15	M	44	Pinehurst	NC	
68	401	Kristine Warner	4:05:26	12:16	F	31	Durham	NC	
69	216	Mike Bredenberg	4:05:49	12:17	M	45	Raleigh	NC	
70	393	Shaun Tooley	4:05:59	12:18	M	35	Fort Mill	SC	
71	236	Jeff Cranford	4:06:30	12:19	M	38	Bracey	VA	
72	330	Shannen McGinnis	4:06:39	12:20	M	43	Raleigh	NC	
73	360	Thom Porter	4:07:41	12:23	M	51	Wilmington	NC	
74	403	Aurelie Welterlin	4:07:52	12:24	F	33	Durham	NC	
75	214	Christopher Boyce	4:08:19	12:25	M	39	Durham	NC	
76	212	Scott Bodien	4:08:22	12:25	M	38	Charlotte	NC	
77	293	Carter Hubard	4:08:27	12:25	M	42	Wilmington	NC	
78	364	Mike Ralph	4:08:42	12:26	M	53	Aiken	SC	
79	287	Kevin Hoff	4:08:46	12:26	M	44	Durham	NC	
80	275	Kimberley Hefner	4:09:35	12:29	F	39	Rock Hill	SC	
81	324	Brad Lower	4:10:07	12:30	M	47	Richmond	VA	
82	363	Morgan Quattlebaum	4:12:08	12:36	M	27	Durham	NC	
83	289	Chris Holt	4:14:50	12:44	M	36	Durham	NC	
84	295	Henry Ijams	4:15:19	12:46	M	52	Charlotte	NC	
85	268	Ken Gullede	4:15:26	12:46	M	60	High Point	NC	
86	272	Marcos Harkness	4:16:44	12:50	M	44	Asheville	NC	
87	341	Theodore Morgan	4:17:11	12:51	M	31	Lillington	NC	
88	342	Karen Murphy	4:17:31	12:53	F	35	Durham	NC	Bull City Track Club
89	333	Ken McWilliams	4:17:47	12:53	M	47	Charlotte	NC	F3
90	345	Brian Niekraas	4:17:48	12:53	M	39	Charlotte	NC	
91	343	Leiah Murray	4:18:02	12:54	F	51	Morrisville	NC	
92	321	Ryan Lewis	4:18:41	12:56	M	35	South Riding	VA	
93	378	Lindsey Schuler	4:20:01	13:00	F	36	Durham	NC	
94	367	Emily Richter	4:22:33	13:08	F	34	Asheville	NC	
95	346	Maggie O'Neil	4:22:37	13:08	F	32	Durham	NC	
96	415	Joe Zacher	4:22:53	13:09	M	45	Raleigh	NC	
97	323	Betsy Long	4:24:07	13:12	F	38	Washington	DC	

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
98	294	Carolyn Huettel	4:24:22	13:13	F	49	Durham	NC	Carolina Godiva Track Club
99	253	Patrick Fowler	4:24:49	13:14	M	49	Charlotte	NC	
100	307	Aaron Kirby	4:26:07	13:18	M	43	Richmond	VA	
101	394	Robbie Trent	4:28:19	13:25	M	36	Linden	NC	
102	221	Meredith Byrne	4:28:46	13:26	F	29	Charlotte	NC	
103	231	Eric Cohen	4:30:02	13:30	M	37	Durham	NC	
104	204	Katherine Baer	4:31:29	13:34	F	44	Carrboro	NC	
105	309	Stephen Knight	4:37:05	13:51	M	61	Apex	NC	
106	298	Danny Jessup	4:37:06	13:51	M	51	Raleigh	NC	Runnerpeeps
107	405	Andrew Werden	4:37:08	13:51	M	47	Chapel Hill	NC	Trailheads
108	220	Rajpreet Butalia	4:37:41	13:53	M	48	Pittsboro	NC	
109	257	Brendan Gannon	4:37:54	13:54	M	42	Durham	NC	
110	352	Donna Parker	4:38:57	13:57	F	47	Chapel Hill	NC	
111	271	Jonathan Harding	4:38:59	13:57	M	35	Charlotte	NC	
112	296	Jen Jacobs	4:39:52	13:59	F	37	Washington	DC	VHTRC
113	217	Scott Broome	4:41:18	14:04	M	47	Albemarle	NC	
114	400	Trent Walker	4:41:41	14:05	M	40	Cramerton	NC	
115	408	Chris Wicker	4:44:10	14:12	M	58	Roanoke Rapids	NC	
116	226	Tracy Christian	4:44:13	14:13	F	50	Wilmington	NC	
117	228	Bob Clouston	4:44:21	14:13	M	52	Roseland	VA	Charlottesville Area Trail Runners (CATS)
118	377	Eric Schoch	4:44:48	14:14	M	31	Durham	NC	
119	384	Nathan Spell	4:44:59	14:15	M	50	Decatur	GA	
120	279	Ben Hernandez	4:48:14	14:25	M	37	Charlotte	NC	
121	371	Tony Rouse	4:48:22	14:25	M	49	West End	NC	
122	234	Rosemary Corbett	4:50:45	14:32	F	50	Greensboro	NC	
123	380	Matthew Sharp	4:50:47	14:32	M	51	Apex	NC	
124	200	Julie Allen	4:50:47	14:32	F	53	Florence	SC	
125	314	Ariel Lamar	4:51:52	14:36	M	42	Durham	NC	
126	223	Kevin Carpenter	4:53:31	14:41	M	37	Asheville	NC	Team Fraser fir
127	382	Ryan Slechta	4:53:33	14:41	M	36	Biltmore Lake	NC	Team Fraser Fir
128	411	Todd Williams	4:54:04	14:42	M	39	Huntersville	NC	
129	215	Bobby Brandon	4:54:08	14:42	M	58	Wrightsville Beach	NC	
130	259	Antonio Gazzia	4:55:49	14:47	M	61	Cary	NC	
131	210	Jason Berggren	4:55:53	14:48	M	37	Wilmington	NC	
132	285	Emily Hoar	4:56:25	14:49	F	29	Winston-Salem	NC	
133	337	Michael Mills	4:57:26	14:52	M	32	Durham	NC	
134	237	David Cross	5:01:43	15:05	M	33	Charlotte	NC	
135	355	David Petsolt	5:03:01	15:09	M	41	Southern Pines	NC	
136	322	Michael Lockridge	5:03:13	15:10	M	44	Raleigh	NC	
137	353	Ken Partel	5:04:42	15:14	M	65	Troutman	NC	
138	396	Angela Veitch	5:06:20	15:19	F	35	Pinehurst	NC	
139	245	Jennifer Ennis	5:07:34	15:23	F	44	Raleigh	NC	
140	359	Joanna Pomilio	5:07:53	15:24	F	36	Raleigh	NC	Runnerpeeps
141	266	Will Grimes	5:07:54	15:24	M	43	Raleigh	NC	Runnerpeeps
142	202	Jeff Amato	5:08:29	15:25	M	33	Wake Forest	NC	
143	311	John Kowal	5:09:29	15:28	M	19	Fayetteville	NC	Black Dog
144	319	Dave Lee	5:10:50	15:32	M	35	Camp Lejeune	NC	
145	414	Paul Wormsbecher	5:10:56	15:33	M	52	Apex	NC	
146	308	Marcia Kissel	5:12:13	15:37	F	46	Charlotte	NC	
147	362	Jonathan Priddy	5:17:02	15:51	M	37	Ramseur	NC	
148	288	Steve Hoge	5:20:48	16:02	M	53	Chapel Hill	NC	Trailheads
149	242	Richard Douglas	5:24:33	16:14	M	44	Erwin	NC	

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
150	391	Lori Taylor	5:24:40	16:14	F	43	Charlotte	NC	
151	235	Luke Costanza	5:26:11	16:19	M	28	Durham	NC	The Luke Costanza Experience
152	282	Jenny Hill	5:40:02	17:00	F	45	Chapel Hill	NC	Trailheads
153	329	John McGee	5:40:13	17:01	M	57	Raleigh	NC	
154	218	Sheila Burgard	5:43:49	17:11	F	51	Chapel Hill	NC	
155	280	Robin Hernandez	5:51:48	17:35	F	56	Greensboro	NC	
156	390	Ken Taylor	5:53:24	17:40	M	55	Raleigh	NC	Runnerpeeps
157	328	Rob McClure	5:57:37	17:53	M	48	Chapel Hill	NC	
158	313	Michael Lacharite	6:03:31	18:11	M	56	Durham	NC	
159	248	Farzad Faryadi	6:04:23	18:13	M	53	Oakboro	NC	
160	357	Michael Phillips	6:04:29	18:13	M	62	Pittsboro	NC	Trailheads
161	344	Jessica Netzer	6:08:52	18:27	F	33	Greenville	NC	
162	222	Christian Carlson	6:09:35	18:29	M	43	Charlotte	NC	
163	207	Kirsten Beattie	6:14:48	18:44	F	32	Chapel Hill	NC	
164	416	Jaclyn Zins	6:14:49	18:44	F	32	Carrboro	NC	
165	229	Crystal Cockman	6:15:19	18:46	F	32	Asheboro	NC	
166	304	Robert Kern	6:23:30	19:11	M	51	Chapel Hill	NC	Trailheads
167	303	Michael Kern	6:23:53	19:12	M	75	Wooster	OH	Trailheads
168	374	Steven Sartorio	6:28:56	19:27	M	33	Raleigh	NC	Team Sartorio
169	385	Bill Squier	6:29:11	19:28	M	71	Raleigh	NC	
170	286	Billy Hobbs	6:50:22	20:31	M	42	Wilmington	NC	
171	412	Mike Womble	6:50:23	20:31	M	41	Wilmington	NC	

Women's 20-Mile Run Results

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
1	406	Anne Wheatly	3:20:30	10:02	F	28	Beaufort	NC	
2	254	Carla Frohlich	3:43:18	11:10	F	35	Raleigh	NC	Raleigh Trail Runners
3	260	Gretchen Gehrke	3:51:01	11:33	F	30	Durham	NC	
4	263	Laura Gilmour	3:54:01	11:42	F	32	Washington	DC	
5	239	Darrah Cunningham	3:54:37	11:44	F	35	Fuquay Varina	NC	
6	392	Patti Tiernan	3:54:37	11:44	F	40	Cary	NC	
7	241	Liz Doran	3:55:33	11:47	F	30	Chapel Hill	NC	
8	401	Kristine Warner	4:05:26	12:16	F	31	Durham	NC	
9	403	Aurelie Welterlin	4:07:52	12:24	F	33	Durham	NC	
10	275	Kimberley Hefner	4:09:35	12:29	F	39	Rock Hill	SC	
11	342	Karen Murphy	4:17:31	12:53	F	35	Durham	NC	Bull City Track Club
12	343	Leiah Murray	4:18:02	12:54	F	51	Morrisville	NC	
13	378	Lindsey Schuler	4:20:01	13:00	F	36	Durham	NC	
14	367	Emily Richter	4:22:33	13:08	F	34	Asheville	NC	
15	346	Maggie O'Neil	4:22:37	13:08	F	32	Durham	NC	
16	323	Betsy Long	4:24:07	13:12	F	38	Washington	DC	
17	294	Carolyn Huettel	4:24:22	13:13	F	49	Durham	NC	Carolina Godiva Track Club
18	221	Meredith Byrne	4:28:46	13:26	F	29	Charlotte	NC	
19	204	Katherine Baer	4:31:29	13:34	F	44	Carrboro	NC	
20	352	Donna Parker	4:38:57	13:57	F	47	Chapel Hill	NC	
21	296	Jen Jacobs	4:39:52	13:59	F	37	Washington	DC	VHTRC
22	226	Tracy Christian	4:44:13	14:13	F	50	Wilmington	NC	
23	234	Rosemary Corbett	4:50:45	14:32	F	50	Greensboro	NC	
24	200	Julie Allen	4:50:47	14:32	F	53	Florence	SC	
25	285	Emily Hoar	4:56:25	14:49	F	29	Winston-Salem	NC	
26	396	Angela Veitch	5:06:20	15:19	F	35	Pinehurst	NC	
27	245	Jennifer Ennis	5:07:34	15:23	F	44	Raleigh	NC	

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
28	359	Joanna Pomilio	5:07:53	15:24	F	36	Raleigh	NC	Runnerpeeps
29	308	Marcia Kissel	5:12:13	15:37	F	46	Charlotte	NC	
30	391	Lori Taylor	5:24:40	16:14	F	43	Charlotte	NC	
31	282	Jenny Hill	5:40:02	17:00	F	45	Chapel Hill	NC	Trailheads
32	218	Sheila Burgard	5:43:49	17:11	F	51	Chapel Hill	NC	
33	280	Robin Hernandez	5:51:48	17:35	F	56	Greensboro	NC	
34	344	Jessica Netzer	6:08:52	18:27	F	33	Greenville	NC	
35	207	Kirsten Beattie	6:14:48	18:44	F	32	Chapel Hill	NC	
36	416	Jaclyn Zins	6:14:49	18:44	F	32	Carrboro	NC	
37	229	Crystal Cockman	6:15:19	18:46	F	32	Asheboro	NC	

Men's 20-Mile Run Results

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
1	417	Scott Williams	2:43:55	8:12	M	35	Asheville	NC	
2	316	Joe Lanser	2:45:10	8:15	M	24	Greensboro	NC	
3	284	Matthew Hirschey	2:55:12	8:46	M	34	Durham	NC	
4	305	Zack Kessell	2:57:09	8:51	M	30	Charlotte	NC	F3
5	376	Brian Schneider	2:57:20	8:52	M	37	Durham	NC	
6	350	Ryan Paavola	2:57:35	8:53	M	29	Richmond	VA	
7	312	Crystian Kumnick	3:02:10	9:06	M	44	Chapel Hill	NC	
8	399	Kirby Walke	3:03:48	9:11	M	31	Blacksburg	VA	
9	206	Mike Beaman	3:13:31	9:41	M	47	Cary`	NC	Inside-Out Sports
10	339	Douglas Moore	3:14:00	9:42	M	40	Charlotte	NC	
11	347	David Olson	3:17:20	9:52	M	36	Roanoke	VA	
12	261	Edward George	3:19:58	9:59	M	37	Wilmington	NC	
13	318	Jason Laxton	3:21:59	10:06	M	38	Boone	NC	
14	233	Adrien Cooper	3:22:26	10:07	M	36	Chapel Hill	NC	Trailheads
15	334	Russell Mead	3:23:10	10:09	M	48	Chapel Hill	NC	Trailheads
16	338	Abran Moore	3:23:21	10:10	M	33	Winston Salem	NC	
17	250	Dale Fleckenstein	3:25:21	10:16	M	49	Durham	NC	
18	290	Paul Hora	3:30:26	10:31	M	38	Southern Pines	NC	World Bicycle Relief
19	256	Steve Gangemi	3:32:55	10:39	M	39	Pittsboro	NC	
20	356	Miles Pfeifer	3:37:35	10:53	M	46	Hillsborough	NC	
21	373	David Sartorio	3:37:42	10:53	M	29	Raleigh	NC	Team Sartorio
22	270	Jay Hammond	3:38:51	10:56	M	50	Lexington	SC	
23	335	Marc Medford	3:38:55	10:57	M	44	Raleigh	NC	
24	219	Adam Burke	3:39:50	10:59	M	36	Raleigh	NC	
25	387	Bryan Stanton	3:40:27	11:01	M	30	Charlotte	NC	
26	332	Greg McNamee	3:41:04	11:03	M	44	Cary	NC	
27	213	Brian Bohrer	3:41:14	11:04	M	38	Wilmington	NC	Without Limits Endurance Team
28	326	Matthew Marum	3:41:18	11:04	M	30	Cary	NC	Carolina Godiva Track Club
29	306	Iv Kimberly	3:42:02	11:06	M	45	Chapel Hill	NC	
30	348	Stephen Orton	3:42:43	11:08	M	51	Chapel Hill	NC	
31	315	Craig Lancaster	3:43:47	11:11	M	29	Fletcher	NC	
32	302	James Kermes	3:44:18	11:13	M	38	Waxhaw	NC	
33	262	Wendell Gilland	3:44:19	11:13	M	49	Chapel Hill	NC	
34	251	Eric Floro	3:46:23	11:19	M	35	Durham	NC	
35	300	Chris Jordan	3:47:31	11:23	M	29	Winston-Salem	NC	
36	274	Jonathan Head	3:48:35	11:26	M	25	Concord	NC	Summit Coffee
37	230	John Cockrum	3:48:49	11:26	M	40	Hampstead	NC	
38	299	David Jones	3:49:31	11:28	M	42	Chapel Hill	NC	
39	264	John Gotelli	3:49:39	11:29	M	44	Hillsborough	NC	

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
40	325	Brad Lull	3:49:55	11:30	M	39	Indian Land	SC	
41	244	Scott Eney	3:50:14	11:31	M	38	Raleigh	NC	
42	277	Danny Helfrich	3:50:52	11:33	M	37	Mclean	VA	Summit Coffee
43	361	Brian Povish	3:51:34	11:35	M	39	West End	NC	
44	283	Dan Hilliker	3:51:38	11:35	M	46	Fayetteville	NC	
45	276	David Heilig	3:51:53	11:36	M	46	Raleigh	NC	
46	320	Rory Lewellyn	3:52:00	11:36	M	43	Pilot Mountain	NC	
47	265	Doug Granade	3:53:27	11:40	M	54	Charlotte	NC	
48	246	Michael Falvo	3:54:40	11:44	M	44	Durham	NC	
49	370	Kurt Rosenkrantz	3:54:45	11:44	M	41	Chapel Hill	NC	
50	224	Chad Cato	3:55:36	11:47	M	40	Wilson	NC	
51	388	Andrew Sutherland	3:57:01	11:51	M	36	Concord	NC	
52	201	Keary Allen	3:57:56	11:54	M	40	Robbins	NC	
53	278	Tim Helfrich	3:59:24	11:58	M	35	Davidson	NC	Summit Coffee
54	336	Jerry Meyer	4:00:26	12:01	M	51	Baltimore	MD	Hopkins Harriers
55	255	Darrell Fruth	4:02:47	12:08	M	41	Durham	NC	
56	327	Adam Matthews	4:02:48	12:08	M	39	Aberdeen	NC	
57	252	Jason Foureman	4:03:18	12:10	M	37	Chapel Hill	NC	
58	409	Ben Wilhelm	4:03:28	12:10	M	41	Charlotte	NC	
59	410	Greg Williams	4:04:00	12:12	M	32	Arden	NC	
60	331	Wyman McGuirt	4:05:01	12:15	M	44	Pinehurst	NC	
61	216	Mike Bredenberg	4:05:49	12:17	M	45	Raleigh	NC	
62	393	Shaun Tooley	4:05:59	12:18	M	35	Fort Mill	SC	
63	236	Jeff Cranford	4:06:30	12:19	M	38	Bracey	VA	
64	330	Shannen McGinnis	4:06:39	12:20	M	43	Raleigh	NC	
65	360	Thom Porter	4:07:41	12:23	M	51	Wilmington	NC	
66	214	Christopher Boyce	4:08:19	12:25	M	39	Durham	NC	
67	212	Scott Bodien	4:08:22	12:25	M	38	Charlotte	NC	
68	293	Carter Hubard	4:08:27	12:25	M	42	Wilmington	NC	
69	364	Mike Ralph	4:08:42	12:26	M	53	Aiken	SC	
70	287	Kevin Hoff	4:08:46	12:26	M	44	Durham	NC	
71	324	Brad Lower	4:10:07	12:30	M	47	Richmond	VA	
72	363	Morgan Quattlebaum	4:12:08	12:36	M	27	Durham	NC	
73	289	Chris Holt	4:14:50	12:44	M	36	Durham	NC	
74	295	Henry Ijams	4:15:19	12:46	M	52	Charlotte	NC	
75	268	Ken Gulledege	4:15:26	12:46	M	60	High Point	NC	
76	272	Marcos Harkness	4:16:44	12:50	M	44	Asheville	NC	
77	341	Theodore Morgan	4:17:11	12:51	M	31	Lillington	NC	
78	333	Ken McWilliams	4:17:47	12:53	M	47	Charlotte	NC	F3
79	345	Brian Niekraas	4:17:48	12:53	M	39	Charlotte	NC	
80	321	Ryan Lewis	4:18:41	12:56	M	35	South Riding	VA	
81	415	Joe Zacher	4:22:53	13:09	M	45	Raleigh	NC	
82	253	Patrick Fowler	4:24:49	13:14	M	49	Charlotte	NC	
83	307	Aaron Kirby	4:26:07	13:18	M	43	Richmond	VA	
84	394	Robbie Trent	4:28:19	13:25	M	36	Linden	NC	
85	231	Eric Cohen	4:30:02	13:30	M	37	Durham	NC	
86	309	Stephen Knight	4:37:05	13:51	M	61	Apex	NC	
87	298	Danny Jessup	4:37:06	13:51	M	51	Raleigh	NC	Runnerpeeps
88	405	Andrew Werden	4:37:08	13:51	M	47	Chapel Hill	NC	Trailheads
89	220	Rajpreet Butalia	4:37:41	13:53	M	48	Pittsboro	NC	
90	257	Brendan Gannon	4:37:54	13:54	M	42	Durham	NC	
91	271	Jonathan Harding	4:38:59	13:57	M	35	Charlotte	NC	

Place	Bib #	Name	Finish	Pace	Gender	Age	City	State	Team Name
92	217	Scott Broome	4:41:18	14:04	M	47	Albemarle	NC	
93	400	Trent Walker	4:41:41	14:05	M	40	Cramerton	NC	
94	408	Chris Wicker	4:44:10	14:12	M	58	Roanoke Rapids	NC	
95	228	Bob Clouston	4:44:21	14:13	M	52	Roseland	VA	Charlottesville Area Trail Runners (CATS)
96	377	Eric Schoch	4:44:48	14:14	M	31	Durham	NC	
97	384	Nathan Spell	4:44:59	14:15	M	50	Decatur	GA	
98	279	Ben Hernandez	4:48:14	14:25	M	37	Charlotte	NC	
99	371	Tony Rouse	4:48:22	14:25	M	49	West End	NC	
100	380	Matthew Sharp	4:50:47	14:32	M	51	Apex	NC	
101	314	Ariel Lamar	4:51:52	14:36	M	42	Durham	NC	
102	223	Kevin Carpenter	4:53:31	14:41	M	37	Asheville	NC	Team Fraser fir
103	382	Ryan Slechta	4:53:33	14:41	M	36	Biltmore Lake	NC	Team Fraser Fir
104	411	Todd Williams	4:54:04	14:42	M	39	Huntersville	NC	
105	215	Bobby Brandon	4:54:08	14:42	M	58	Wrightsville Beach	NC	
106	259	Antonio Gazzia	4:55:49	14:47	M	61	Cary	NC	
107	210	Jason Berggren	4:55:53	14:48	M	37	Wilmington	NC	
108	337	Michael Mills	4:57:26	14:52	M	32	Durham	NC	
109	237	David Cross	5:01:43	15:05	M	33	Charlotte	NC	
110	355	David Petsolt	5:03:01	15:09	M	41	Southern Pines	NC	
111	322	Michael Lockridge	5:03:13	15:10	M	44	Raleigh	NC	
112	353	Ken Partel	5:04:42	15:14	M	65	Troutman	NC	
113	266	Will Grimes	5:07:54	15:24	M	43	Raleigh	NC	Runnerpeeps
114	202	Jeff Amato	5:08:29	15:25	M	33	Wake Forest	NC	
115	311	John Kowal	5:09:29	15:28	M	19	Fayetteville	NC	Black Dog
116	319	Dave Lee	5:10:50	15:32	M	35	Camp Lejeune	NC	
117	414	Paul Wormsbecher	5:10:56	15:33	M	52	Apex	NC	
118	362	Jonathan Priddy	5:17:02	15:51	M	37	Ramseur	NC	
119	288	Steve Hoge	5:20:48	16:02	M	53	Chapel Hill	NC	Trailheads
120	242	Richard Douglas	5:24:33	16:14	M	44	Erwin	NC	
121	235	Luke Costanza	5:26:11	16:19	M	28	Durham	NC	The Luke Costanza Experience
122	329	John McGee	5:40:13	17:01	M	57	Raleigh	NC	
123	390	Ken Taylor	5:53:24	17:40	M	55	Raleigh	NC	Runnerpeeps
124	328	Rob McClure	5:57:37	17:53	M	48	Chapel Hill	NC	
125	313	Michael Lacharite	6:03:31	18:11	M	56	Durham	NC	
126	248	Farzad Faryadi	6:04:23	18:13	M	53	Oakboro	NC	
127	357	Michael Phillips	6:04:29	18:13	M	62	Pittsboro	NC	Trailheads
128	222	Christian Carlson	6:09:35	18:29	M	43	Charlotte	NC	
129	304	Robert Kern	6:23:30	19:11	M	51	Chapel Hill	NC	Trailheads
130	303	Michael Kern	6:23:53	19:12	M	75	Wooster	OH	Trailheads
131	374	Steven Sartorio	6:28:56	19:27	M	33	Raleigh	NC	Team Sartorio
132	385	Bill Squier	6:29:11	19:28	M	71	Raleigh	NC	
133	286	Billy Hobbs	6:50:22	20:31	M	42	Wilmington	NC	
134	412	Mike Womble	6:50:23	20:31	M	41	Wilmington	NC	